

Tauranga Ramblers Club Night 15th January 2019

100m CC

1	Sutton	Michael	13.62	SM
2	Smith	Malcolm	16.63	M40
3	Smith	Josh	17.49	B9
4	Curtis	Phil	18.49	M60
5	Smith	Jesse	20.57	B6

800m

1	Proctor	Sam	02:23.18	B13
2	Simpson	Stuart	02:40.40	M45
3	Smith	Josh	03:22.38	B9

3000m CC

1	Sutton	Michael	09:04.47	SM
2	Simpson	Stuart	10:54.45	M45
3	Smith	Malcolm	11:27.54	M40
4	Smith	Gavin	11:53.81	M65
5	Lake	Russell	12:24.27	M45
6	Curtis	Phil	12:36.23	M60
7	Smith	Josh	14:54.12	B9