

Tauranga Ramblers Club Night 6th February 2018
Wharepai Domain 300m Grass Track

200 Metres

David James 43.5

1500 Metres

David James 6.47.9

400 Metres

David James 1.34.6

4000 Metres

David James 23.57.0

100	300	300	300	300	300	300	300	300	300	300	300	300	300	300	300
33	2.17	4.04	5.52	7.42	9.31	11.21	13.10	14.59	16.50	18.37	20.24	22.11	23.57		
33	1.44	1.47	1.48	1.50	1.49	1.50	1.49	1.49	1.51	1.47	1.47	1.47	1.46		

4000 Metres Walk

Brendon Gibbs 26.50.4

100	300	300	300	300	300	300	300	300	300	300	300	300	300	300	300
35	2.37	4.38	6.40	8.41	10.44	12.45	14.46	16.46	18.50	20.52	22.52	24.52	26.50.4		
	2.02	2.01	2.02	2.01	2.03	2.01	2.01	2.00	2.04	2.02	2.00	2.00	1.58		

5000 Metres

Sally Gibbs 18.54.4

200	300	300	300	300	300	300	300	300	300	300	300	300	300	300	300	300	300
41	1.47	2.53	3.59	5.06	6.13	7.21	8.29	9.38	10.47	11.57	13.06	14.16	15.26	16.35	17.46	18.54.4	
41	1.06	1.06	1.06	1.07	1.07	1.08	1.08	1.09	1.09	1.10	1.11	1.10	1.10	1.09	1.11	1.08	