

# TAURANGA RAMBLERS

[www.taurangaramblers.co.nz](http://www.taurangaramblers.co.nz)

<https://www.facebook.com/pages/Tauranga-Ramblers/191264287587830>

## CLUB RAMBLINGS

9 July 2014

Hi Ramblers Members

What a big week for our cross-country runners! Take a few minutes to see how our members have done this week! The more I see what our members of all ages are doing, the more motivated I am to get out and do some more running!

Remember each week if you have any news/information/success stories you would like put into the newsletter - We would love to hear them! Please email Nicola Tisch [onetwothree@zip.co.nz](mailto:onetwothree@zip.co.nz) by Monday 10pm.

### WHAT'S BEEN HAPPENING this week?

#### Bay of Plenty - Primary Schools Cross Country

It was a big day for our Ramblers kids who got into the Bay of Plenty Cross Country held this week in Opotiki. The course was very steep and very muddy!

Congratulations to:

Elliot Pugh 5th  
Ian Pugh 5th  
Millie Tisch 11th  
Amelia Farrar 9th  
Corban Crowther 2<sup>nd</sup>



Corban Crowther 2<sup>nd</sup> place (Year 6 boys) A Fantastic result!

#### North Island Cross Country Champs

We had a good number of athletes from Ramblers compete in the North Island Cross Country Champs held in Taupo on the weekend. It was a "fresh" day with some running in hats and gloves!

Well done to these athletes for achieving such great results:

Anneke Grogan 1<sup>st</sup> (WU20)  
Jessica Bitcheno 8<sup>th</sup> (WU20)  
Aleah Tippins 8<sup>th</sup> (Girls 14)  
Judith May 2<sup>nd</sup> (W 40-44)  
Sally Gibbs 1<sup>st</sup> (W50-54)  
Christine Reed 4<sup>th</sup> (W60-64)

Corban Crowther 3<sup>rd</sup> (Boys 12)  
Russell Lake 2<sup>nd</sup> (M40-44)  
John Caie 3<sup>rd</sup> (M45-49)  
Mark Crowther 4<sup>th</sup> (M50-54)  
Terry Fermage 6<sup>th</sup> (M 50-54)  
David James 15<sup>th</sup> (M50-54)  
Gavin Smith 2<sup>nd</sup> (M60-64)  
Malcolm Taylor 6<sup>th</sup> (M60-64)  
Murray Clarkson 2<sup>nd</sup> (M65-69)  
Robin Reed 4<sup>th</sup> (M65-69)





## Summary of the day - Thank you Malcolm Taylor

Sally Gibbs and Anneke Grogan were our top performers at Saturdays North Island Cross Country Championships held at Taupo's Spa Park. While the temperature was mild the wind was strong and challenging on New Zealand's All Weather Cross Country course. Sally opted for the Masters Womens race winning outright in 19minutes 8 seconds to set a new Masters Women's 5km course record. Anneke although having a cold ran a conservative race to win the Women U20 in 15 minutes 12 seconds for her 5km 5km race as she continues to show good form. Tauranga Ramblers had a good number competing in the long program with placings in many age groups or not far away from the dias placings. Corban Crowther Boys 12 was third 7minutes 13 seconds. Arleah Tippins was 8<sup>th</sup> in the Girls 14 3km with 12mins 30 secs , Jessica Bitcheno 8<sup>th</sup> Women U20 in 16 mins 46 secs.

Judith May MW 40-44 second in 21 mins 49 secs, Christine Reed 4<sup>th</sup> MW 60-64 in 38 mins 46 secs. Masters Men placed well with Russell Lake MM40-44 second in 22 mins 2 secs, John Caie MM 45-49 3<sup>rd</sup> in 22 mins 18 secs for 6km.

Mark Crowther led home the Ramblers in the 50+ Masters Men with 4<sup>th</sup> place in 23 mins 9 secs followed by Terry Furmage 6<sup>th</sup> in 24 mins 14 seconds. Gavin Smith MM60-64 second in 24 mins 51 seconds followed by Dennis Madden 4<sup>th</sup> in 27 mins 55 secs and Malcolm Taylor 6<sup>th</sup> in 30 mins 42 seconds.

Murray Clarkson MM65-69 second in 27 mins 48 secs and Robin Reed 4<sup>th</sup> in 29 mins 31 seconds.

The North Island Cross Country Championships are a inter club and inter provincial competition. Tauranga Ramblers were 5<sup>th</sup> equal in the Club competition with 526 points, which was won by Olympic of Wellington with 1326 points. On the Interprovincial contest after watching the trophy being handed to Hawkes Bay – Poverty Bay the points were rechecked and Waikato Bay of Plenty won with 447 points to Wellingtons 432 and Auckland's 265. It will be a long trip back for the trophy from Hawkes Bay.

Next year word is the event will see some age groups being combined to shorten the program and the course will need an adjustment so that it does not go through the middle of the play ground to avoid the children crossing the course during races.

Another great event and some quality running at an event, which attracts more numbers than the New Zealand Cross Country Championships.







Thank you Fay Smith for all the great photos!  
See more on our facebook page (link above). Note that you do not have to be a facebook member to view the photos 😊





**Anneke Grogan - 1<sup>st</sup> North Island**

### **NEW ZEALAND CROSS COUNTRY TEAM**

Congratulations to Anneke Grogan for getting into the NZ cross country team travelling to Australia (Perth) at the end of August. Daniel Hintz (Tauranga Boys College) and Deborah Paine (Otumoetai) have also got into the team as non-travelling reserves. We wish you all the best representing NZ!

### **OTHER NEWS**

Stewart Simpson completed his first marathon in Wellington with a time of 3.47 in the Men's 40 - 44.

Peter Ayson completed in the Half Marathon on Sunday with a finishing time of 1.55.

### **WHAT'S COMING UP?**

#### **THIS WEEKEND**

**Plumbers Point Relays at Huharoa Park** (right at the end of Plumbers Point Road, Omokoroa) this Saturday 12<sup>th</sup> July at 1.45pm. Schedule your run for the day at this time and come out for the afternoon to this stunning bit of land!

#### **NEXT WEEKEND**

**Waikato/Bay of Plenty Cross Country champs** are on the 19<sup>th</sup> of July in Rotorua. This event will be held at Bishop's farm, State Highway 30, Rotorua (the highway to Whakatane). Note that social athletes (club only) will be allowed to compete for a \$5 fee. However, such athletes are not eligible for the Championship and will not receive an AWBOP medal. Full entry details are now available and entry online at the link below. Entries close 15<sup>th</sup> July online or accepted on day for an extra \$3 fee.

<http://www.enteronline.co.nz/?page=EventDetails&ID=5088>

#### **NEW ZEALAND ROAD CHAMPIONSHIPS**

We are hosting this big event on the 6<sup>th</sup> September. It is in Tauriko Tauranga. We need to have a working bee to clear a bit of gorse on the land where we will be based. Many hands make light work. If you can help please come along (with a sharp spade and gloves) on Sunday the 20<sup>th</sup> at 1pm to: 10-18 Poturi Street (vacant sections).

#### **NEW ZEALAND ROAD RELAY CHAMPIONSHIPS 2014**

Christchurch (Takahe – Akaroa Relay)  
4<sup>th</sup> October 2014

#### Categories

- Senior Men
- Senior Women
- Masters Men 40-49yr
- Masters Woman 35yr+
- Open Masters 50+
- Open Masters 60+
- Junior Men (under 20)

Your club committee is going to apply for funding to cover the majority of the expenses. However, to do that we need an indication of who is interested and available and to what category you wish to be selected for. Please email the Malcolm [janmal@xtra.co.nz](mailto:janmal@xtra.co.nz)

Entries close on 22<sup>nd</sup> September but to get good airfare prices we need to book early July! A final reminder to please email Malcolm this week if you are interested in getting help with funding.

**Remember the full winter calendar is on the website** if you need to know additional dates.

For extra information and motivation look at the Athletics NZ website

#### **MORE ATHLETICS NEWS!**

<http://www.athletics.org.nz/>

## BECOME MORE INVOLVED!

We would love you to join us at any of these weekly training seasons! Hopefully you have been inspired by the photos of our members and want to do more running too!

### Mondays:

Waipuna Park, Kaitemako Road, Waipuna Park at 4:00 pm. Targeted at Secondary School and Year 7 and 8 students. Every Monday, with Malcolm Taylor. Contact Malcolm Taylor 576 0000 or Mobile 0272924411. All welcome.

### Tuesdays:

A regular pack run training group leaves from the Tauranga Domain Grandstand at 5.30 pm. every week. This is a road run going through the streets of Otumoetai. Various distance options of your own choice.

Contacts: Russell Lake 578 6979 or Gavin Smith 5443666

### Wednesdays:

Tauranga Domain 5:15 pm another option for speed work at Tauranga Domain All Weather Track.

### Thursdays:

The Cornerstone Pub, Bethlehem Shopping Centre at 6:00 pm. Meet in car park. Contact Les Dobson 0274 824646.

### Saturdays:

A weekly cross country run at varying locations starting at 1.45pm Great fun for a range of abilities and ages to run as many laps as you can and get your times recorded!

## SHARE YOUR NEWS!

Remember if you have any information about athletics events or news/success stories or photos of our members in action please email the details to

Nicola Tisch [onetwothree@zip.co.nz](mailto:onetwothree@zip.co.nz)

By Mondays 10pm

## RAMBLERS COMMITTEE

For your information the following people are on the committee and helping to run the club:

Malcolm Taylor (President)

Rod Taylor (Chairperson & Vice President)

Ian Bitcheno (Secretary)

Alex Whimster (Treasurer)

Eddie Grogan (Vice President)

Gavin Smith (Winter Club Captain)

Brendan Magill (Equipment Coordinator)

Brendan Gibbs (Participation Coordinator)

Murray Clarkson (Funding Coordinator)

Shaun Goldie (Coaching Coordinator)

Bruce Soloman (Committee member)

Denis Madden (Committee member)

Summer Club Captain - Yet to be assigned

Bev Smith (Race Entries Secretary)

Malcolm is deputising at the moment

Fay Smith (Media Editor/Facebook)

Nicola Tisch (Communication Coordinator)

**We meet on the 1<sup>st</sup> Monday of each month. If you have any ideas/suggestions or offers of help in any way - we are happy to hear from you.**



**ENJOY YOUR RUNNING!**