

Ramblings



Newsletter of Athletics Tauranga Incorporated

October 2012

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Athlete of the Month October



Mike Pugh

*World ITU age group Champion!
Congratulations Mike, we're glad
you are back in action and
kicking serious butt! A real world
class field of 93 athletes finished
in the 40-44 grade.*



NZ Road Relays, Nelson 6/10/12

By Tim Masters

The Steady Eddies - Tale of the
National Road Relay - Nelson 2012

In recent years Tauranga Ramblers has been represented at the Nationals held in Nelson in 2004 and previous to that in 2000 - who will ever forget the Juniors that year (including the MAC attack) that were robbed of a first place.

This year the only team from the Club were the over 60's - made up of the "Steady Eddies".

First time the organisers have accommodated an over 60's division - saw 8 teams entered, but running only 5 legs instead of the eight laps of Seniors/Masters etc.

Lucky to get 5 over 60's out of the Club - this year our expectation was not high - particularly after driving the course the day before. A look at the runners in the other clubs soon confirmed that we would not be in contention for a medal, however with top seed (from our Club)

Murray (will never break 40 minutes for 10km again) **Clarkson** as our lead runner over the opening 9.1km, coming in third, and only 34 seconds behind first, we might have been lulled into thinking we had a chance.

This went out the window very early into the second lap - **Tim** (the VW - top speed being his cruising speed) **Masters** was rapidly run down from two other runners from Auckland University and Scottish Harriers - a hilly leg of 9.3km completed in 46 minutes left the team languishing in 5th place - ahead at this point were Scottish of Wellington, Nelson, Auckland University and Wellington Harriers.

October 2012

Things improved with Mister Reliable - **Robbie** (The Tractor) **McPherson** moving a head of Varsity with a swathing run over 8.4km and putting us into 4th position. Next cab off the rank for us was **John** (The Swagger) **Addy** who recorded 3rd fastest time in running the 4th leg over 6.5km. This kept us in 4th place and consolidated our position.

Kerry (the only man we know that has to run around a shower to get wet) **Smith** and fresh - coming off no training - ran above himself over the last lap of 6.2km to keep us in fourth place.

In summary, we had a great weekend and thank the Club for their assistance.

As we all know Relay Running is like the Ryder Club of Golf - the only time in an individual sport that we get the chance of a real team spirit - bring on next year.

General consensus from the team of our performance - a creditable fourth !!!!!



Smith's Sports Shoes Everyone's Run/Walk Series Maxwells Rd -Thursdays

4th October

5km (32 runners 17 walkers)

1 Kyle MacDonald	15.17
2 Ben Ruthe	15.36
3 Iain MacDonald	15.46
4 Lucas Fairweather	18.16
10 Max Ball	22.18
12 Erin Conway	22.50
13 Morgan Ball	22.52
15 McKenzie Ball	23.27
19 Lynette Gong	25.41

3km (10 runner/walkers)

1 <i>Mitchell Ferguson</i>	12.32
10 Cassidy Ball	18.59

11th October

5km (34 runners 19 walkers)

1 st Ben Ruthe	15.07
2 nd Kyle MacDonald	15.35
3 rd Lucas Fairweather	17.57
6 th Sam Averill	20.30
7 th Stu Smith	20.36
8 th Murray Clarkson	20.46
11 th Diana Harbuz	21.39
12 th Sally Furmage	21.41
13 th Erin Conway	21.48
14 th Morgan Ball	21.49
20 th Arleah Tippins	22.12
22 nd Max Ball	22.30
25 th McKenzie Ball	24.14
26 th Jodi Furmage	24.14
27 th Mike Powell	25.06
30 th Shari Ball	25.33

3km (10 runners 10 walkers)

1 st <i>Corban Crowther</i>	12.34
5 th Rosie Averill	17.07

18 October

5km (21 runners 13 walkers)

1 Iain MacDonald	16.34
2 John Caie	17.25
3 Lucas Fairweather	18.15
4 Reuben Tomlinson	18.55
6 Stu Smith	20.57
7 Murray Clarkson	21.40
8 Max Ball	22.03
9 Tim Masters	22.48
10 Morgan Ball	22.55
14 Jodi Furmage	24.09
17 Mike Powell	24.58
19 Winston Murton	25.44
20 Nikki Furmage	26.29

3km (14 runners 2 walkers)

2 McKenzie Ball	12.58
3 Arleah Tippins	12.58
4 Kelly Furmage	13.52
6 Rosie Averill	14.42
9 Abby Furmage	16.24
10 Cassidy Ball	18.07
13 Sue Furmage	20.33

25th October

5km (28 runners 15 walkers)

1 Kyle MacDonald	16.11
4 Sam Averill	20.32
5 Diana Harbuz	20.40
6 Reuben Tomlinson	20.40
10 Max Ball	21.45
11 McKenzie Ball	21.56
12 Arleah Tippins	21.56
14 Kelly Furmage	23.45
17 Jodi Furmage	24.07
18 Abby Furmage	25.27
19 Shari Ball	25.33
20 Lynette Gong	25.33
21 Nikki Furmage	25.34

3km (16 runners 3 walkers)

2 Erin Conway	12.21
3 Petra Creighton	12.28
4 Andrew Creighton	12.37
5 Roger Creighton	12.38
7 Morgan Ball	13.58
8 Rosie Averill	14.07
10 Cassidy Ball	16.54
13 Sue Furmage	20.07

T&F Club Night 9-10-12

Good conditions first night with almost no wind.

Michael Sutton pushed it pretty hard in the 800m , just missing going under his target 2 minutes.

Russell & Gavin did a quick full circuit of the Waikareao Estuary before taking on their events.

60m h1 1 .0 wind

1 MatthewConnolly M19	7.20
2 Callum Taylor M19	7.40
3Johnny O'Donnell M17	7.40
4AndrewSomerfield B14	8.10
5Samantha Bitcheno G14	8.50

60m h2 1.5 wind

1Bruce Solomon M45	7.70
2Shaun Goldie M55	8.00
3Brendan Magill M45	9.70
4Mark Gray M50	9.80
5Eric DeLautour M90	14.30

60m h3 -0.2 wind

1Sam Averill B13	9.00
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2Joshua Tisch	B11	9.30
3Nick Freeman	B12	9.60
4Mia Pugh	G11	10.00
5Rosie Averill	G10	10.50
6Ian Pugh	B7	10.70
7HarrisonTisch	B6	13.00

800m h1

1Erin Conway	G13	02:38.1
2McKenzie Ball	G13	02:39.3
3Olivia Hines	G13	02:45.8
4Joshua Tisch	B11	02:49.2
5Mia Pugh	G11	02:49.8
6Arleah Tippins	G12	02:50.9
7Nick Freeman	B12	02:57.5
8Rosie Averill	G10	03:08.7
9Lauren Hines	W17	03:08.8
10 C Smith-Frank	SW	03:22.8

800m h2

1Michael Sutton	M19	02:00.3
2LucasFairweather	M19	02:19.5
3Ian Bitcheno	M45	02:28.1
4Russell Lake	M40	02:33.3
5Gavin Smith	M55	02:38.6
6Sam Averill	B13	02:41.4
7MurrayClarkson	M65	02:54.5

150m h1 1.0 wind

1Mathew Connolly	M19	16.30
2Callum Taylor	M19	16.70
3Bruce Solomon	M45	17.50
4AndrewSomerfield	B14	18.10
5Shaun Goldie	M55	18.70
6Eric DeLautour	M90	36.90

150m h2 0.7 wind

1Nick Freeman	B12	25.90
2HarrisonTisch	B6	33.00
3 JoshuaTisch	B11	33.10

3000m

1LucasFairweather	M19	10:08.6
2Russell Lake	M40	10:12.6
3Gavin Smith	M55	11:06.7
4Olivia Hines	G13	12:37.0
5Arleah Tippins	G12	12:58.6
6Lauren Hines	W17	16:15.5

Long Jump

1 Ian Pugh	B7	3.03
1 Mia Pugh	G12	3.67
1 Rosie Averill	G10	2.85
1Bruce Solomon	M45	4.29
2Brendan Magill	M45	3.76
1 Mark Gray	M50	3.59
1C Smith-Frank	SW	3.29
1 Erin Conway	G13	2.69
2McKenzie Ball	G13	2.68

Shotput

1 Erin Conway	G13	5.73	3kg
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2McKenzie Ball	G13	4.84	3kg
1Bruce Solomon	M45	9.13	7.26
2Brendan Magill	M45	6.06	7.26
1Shaun Goldie	M55	8.64	6kg
1C Smith-Frank	SW	8.79	4kg
1A Somerfield	B14	9.37	5kg

+++++

Club Night 16-10-12

100m h1

1Brooke Somerfield	W16	NT
2SamanthaBitcheno	G14	NT
3Morgan Ball	W16	NT

100m h2 1.70M/S

1McKenzie Ball	G13	15.4
2Charlotte Mangos	G13	15.7
3Erin Conway	G13	16.2
4Mia Pugh	G11	16.4
5Poppy Porter	G12	16.8
6Rosie Averill	G10	16.9
7Cassidy Ball	G10	18.5

100m h3 0.40 M/S

1 Victor Macfarlane	B12	14.3
2 Sam Averill	B13	14.8
3 Alex Macfarlane	B9	15.7

100m h4 1.4 M/S

Note hand timer started late

1 MathewConnolly	M19	10.8
2StephenTe Whaiti	M45	11.9
3Bruce Solomon	M45	11.9
4BrendanMagill	M45	15.0
5Mark Gray	M50	15.8

300m h1

1Olivia Hines	G13	51.0
2McKenzie Ball	G13	52.0
3Charlotte Mangos	G13	52.2
4Mia Pugh	G11	54.1
5Rosie Averill	G10	56.1
6Poppy Porter	G12	57.7
7Lauren Hines	W16	58.7
8Cassidy Ball	G10	1:08.7

300m h2

1Bruce Solomon	M45	40.6
2Stephen Te Whaiti	M45	41.8
3Petra Creighton	W45	48.3
4Sam Averill	B13	49.6
5Brendan Magill	M45	50.2
6Gavin Smith	M55	53.3
7Alex Macfarlane	B9	54.9
8Mark Gray	M50	55.9

1000m h1

1Erin Conway	G13	03:26.8
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2Olivia Hines	G13	03:27.7
3McKenzie Ball	G13	03:30.4
4Arleah Tippins	G12	03:34.5
5Morgan Ball	W16	03:44.8
6Mia Pugh	G11	03:45.9
7Joanne Sutton	G13	03:59.9
8Catherine Sutton	G13	04:02.3
9Lauren Hines	W16	04:04.9

1000m h2

1Lucas Fairweather	M19	02:59.4
2Victor Macfarlane	B12	03:24.5
3Gavin Smith	M55	03:25.9

4000m

1Lucas Fairweather	M19	14:17.0
2Gavin Smith	M55	15:12.8
3Sam Averill	B13	16:51.3

High Jump

1Sam Averill	B13	1.30
1Mia Pugh	G11	1.10
1Arleah Tippins	G12	1.15
1Erin Conway	G13	1.20
2McKenzie Ball	G13	1.15
3=Joanne Sutton	G13	1.00
3=Catherine Sutton	G13	1.00
1CourtSmith-Frank	SW	1.25
1StephenTe Whaiti	M45	1.50

Discus

1AlexMacFarlane	B9	15.42	0.5kg
1Rosie Averill	G10	10.87	0.75kg
2Cassidy Ball	G10	7.20	0.75kg
1McKenzie Ball	G13	12.02	1kg
2Erin Conway	G13	11.79	1kg
1C Smith-Frank	SW	24.07	2kg
1Ian Bitcheno	M45	26.45	2kg
2BruceSolomon	M45	25.42	2kg
3Stephen Te Whaiti	M45	23.00	2kg
4Brendan Magill	M45	16.57	2kg

Club Night 23/10/12

Fine night, in view of the large numbers of Bellevue runners in the mix I'm not publishing all runners and heats, you can find these on the website.

1500m h1

1Erin Conway	5.16.6	G13
2Gavin Smith	5.17.1	M55
3Joshua Tisch	5.43.4	B11
4Petra Creighton	5.45.0	W45
5McKenzie Ball	5.45.2	G13
6Arleah Tippins	5.51.0	G12
7Mia Pugh	5.56.6	G11
8Max Ball	6.00.2	M50
9Kelly Furmage	6.04.4	W16
10Jodi Furmage	6.08.4	W16

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11Sid Pavett 7.22.4 M75

200m h1 -0.7 M/S

1Joshua Tisch 31.76 B11
2Millie Tisch 38.15 G8
3Cassidy Ball 41.67 G10
4Harrison Tisch 43.88 B6

200m h2 -2.4 M/S

1Brooke Somerfield27.80 W16
2Samantha Bitcheno G14 29.45
3McKenzie Ball G13 32.88
4CatherineSutton G13 34.00
5Erin Conway G13 34.39
6Mia Pugh G11 35.07
7Arleah Tippins G12 36.02
8Joanne Sutton G13 36.89

200m h3 -0.5 M/S

1Oliver Ranby M19 NT
2Matthew Connolly M19 NT
3Callum Taylor M19 NT
4Bruce Solomon M45 NT
5Stephen Te WhaitiM45 NT
6Shaun Goldie M55 NT
7Brendan Magill M45 NT

400m h1

1Jasmine Creighton G12 01:13.8
4Arleah Tippins G12 01:21.4

400m h2

2Rosie Averill G10 01:22.4

400m h4

1Andrew Creighton B10 01:11.4
2Joshua Tisch B11 01:14.8

400m h6

1Petra Creighton W45 01:10.2
2Gavin Smith M55 01:16.3
3Nick Freeman B12 01:19.0

400m h8

1Erin Conway G13 01:16.0
6Joanne Sutton G13 01:23.4

400m h9

1Oliver Ranby M19 54.70
2Mathew Connolly M19 55.30

5000m

1Gavin Smith M55 19:28.4
2Sid Pavett M75 25:28.3

Javelin 800g

1Steve Te Whaiti M45 37.15
2Bruce Solomon M45 29.31
3Brendan Magill M45 26.17

Triple Jump

1Brendan Magill 8.26
2 Mark Gray 8.05

Club Night 30/10/12

100m h1 1.4 M/S

1Catherine Sutton G13 15.61
2Joshua Tisch B11 15.63
3Mark Gray M50 16.36
4Joanne Sutton G13 17.16
5Ian Pugh B10 17.94
6Sid Pavett M75 21.50
7EricDe Lautour M90 23.80

100m h2 1.8 M/S

1MathewConnollyM19 11.52
2Ryan Carroll M17 11.68
3Christian Kelly M17 11.70
4Callum Taylor M19 12.04
5Hayden Symes M19 12.46
6Amy Robinson W19 12.91
7Brooke Somerfield W17 13.08
8Ryan Foord M17 13.35

100m h3 2.8 M/S

1Bruce Solomon M45 12.49
2Stephen Te Whaiti M45 12.50
3Shaun Goldie M55 13.34
4Brendan Magill M45 15.59

100m Y7 B h1 1.3 M/S

2 Ian Pugh B7 17.06

800m h1

1Erin Conway G13 02:39.53
2Olivia Hines G13 02:41.10
3Gavin Smith M55 02:42.11
4Joshua Tisch B11 02:42.68
5Morgan Ball W17 02:55.87
6Kelly Furmage W17 02:58.60
7Arleah Tippins G12 02:59.49
8Catherine SuttonG13 03:02.09
9Jodi Furmage W17 03:03.65
10Max Ball M50 03:07.24
11Joanne Sutton G13 03:09.40
12Lauren Hines W17 03:14.82
13Sid Pavett M75 03:50.53
14Eric DeLautourM90 05:34.99

1500 Metres Bellevue Girls

1JasmineCreighton G12 5.59.6
4Rosie Averill G10 6.18.1

1500 Metres Bellevue Boys

1Gavin Smith M55 5.19.3
2Joshua Tisch B11 5.39.9
3Nick Freeman B12 5.40.4

Long Jump

1Amy Robinson W17 4.98
1Callum Taylor M17 6.16
2Ryan Foord M17 5.48
1Stephen Te Whaiti M45 4.97
1Hayden Booker SM 5.57
1Mark Gray M50 3.42

Shot Put

1Erin Conway G13 6.00 3kg
1Ryan Foord M17 10.32 5kg
2Callum Taylor M17 9.35 5kg
1Amy RobinsonW17 9.53 3kg
1StephenTe Whaiti M45 9.57
7.26kg
2Bruce Solomon M45 8.70
7.26kg
3Brendan Magill M45 5.55
7.26kg
1Shaun Goldie M55 8.30 6kg
1Rob McGregor M70 9.49 4kg

Rotorua Ekiden Relay 6/10/12

Run the same weekend as National Road Relays in Nelson. Some of the Ramblers who missed out going to Nelson fronted up at Rotorua instead:

Stephen Blair, Judith May, Ian Bitcheno, Jessica Bitcheno, Max Ball & Morgan Ball.

The Tauranga Ramblers Team placed 4th overall, and 2nd Social Mixed Team covering the 42.2 km round the lake in 3.03.18.

Overall Winning Team was Wanganui Collegiate Boys in 2.39.08. Tauranga Girls College was the 1st Girls School Team home in 10th overall & 3.23.51. 130 Teams overall with plenty of business house Teams & walkers in the mix.



Hamilton Half Marathon 7/10/12

Scott Winton won the half marathon in 1.11.50.

John Caie was 1st M45-54 in 1.17.38 and 5th place overall.

First woman was Lisa Robertson in 1.19.00 and 6th overall. 477 runners & 94 walkers completed the half.

The 10km event was won by Wayne Guest in 33.16 with first woman

Lynn Hodgkinson finishing 11th in 40.38 from 326 runners and 121 walkers.

Another 169 finishers in the 5km fun event.

Taranaki Daily News Half Marathon, New Plymouth **7/10/12**

Barry Watson placed 1st M55-59 in a time of 1.30.13. He crossed the line 31st overall from 414 runners and 246 walkers.

Winner of the event was David Morton of New Plymouth in 1.16.03. First Woman Gemma Cartwright of Palmerston North in 1.23.09.

The weather was partly cloudy but mainly fine with a South Westerly.



XTERRA WAIHI TRAIL Challenge 13/10/12

Short Course 7.3km

(53 male run, 110 female run, & 50 walkers)

McKenzie Ball 2nd F & 1st FJU20 59.01

Shari Ball 13thF & 7th MW40-49 1.06.51

Mid Course 13km

(109 male run, 151 female run, 53 walkers)

Morgan Ball 18th F & 1st FJU20 1.45.36

Max Ball 39th M & 3rd VM50-59 1.45.42

Long Course 19km NZ Trail Championships

(149 male, & 109 female runners)

Glen Hughes won the trail champs in 1..33.26. First female was Helen Rountree in 1.50.59.

Chris Morrissey 2nd & 2nd MOpen 20-39 1.36.22

Iain MacDonald dnf ?

Marathon 42.2km

(26 male & 6 female runners)

Won by Kelvin Mead in 5.03.15.

Lesley Turner Hall was 1st female in 5.49.42 ahead of Dawn Tuffery 5.59.42.

Slowest run 8.29.16. Tough course!

Ultra 60km

(4 women & 17 men finished)

Dennis de Monchy won the mens race in 7.03.43. Vicky Plaistowe was first female in, but isn't recorded in the results. Grueling!



28th October 2012

Half Marathon

The race was won by Wellington Scottish runner Edwin Kaitany in 1.09.39 despite being late to the start-line. First female Lisa Robertson 1.17.28.

Kyle Macdonald 5th (5th 0-34) 1.12.13.

Stephen Blair 31st (2nd M40-44) 1.22.45,

Reuben Tomlinson 92nd (52nd SM) 1.29.36 ,

Judith May 160th (4th F40-44) 1.33.00 .

Full Marathon

Australian Rowan Walker led from start to finish completing the 42.2km event in 2.24.06. First kiwi was Scott Winton in 2.29.18, however it was 3rd placegetter Tony Payne who received the NZ Championship title (2.31.07) as Scott hadn't yet registered with a club this season.

First female was Alex Williams of UC Club Christchurch 2.41.28, a new course record by 28 seconds. Conditions were warm, calm and fine.

Ramblers in the marathon all placed in the NZ Champs medals age groups with Sally also finishing 2nd on the podium.

Russell Lake 17th (4th M40-44, 2nd NZ Champs) 2.44.25.

Sally Gibbs 20th, (2nd F, 1st F45-49) 2.46.14.

John Caie 22nd (4th M45-49, 2nd NZ Champs) 2.46.36

Open Meet, Tauranga Domain **27/10/12**

Fine weather

100m heat 2	1.2	M/S
2Oliver Ranby	MU18	11.35
3Callum Taylor	MU18	11.90
5Mariah Ririnui	SW	12.45
7Brooke Somerfield	WU18	12.81
FS MichaelCochrane		-

100m Masters Men 2.2 M/S

1StephenTe Whaiti	MM45	12.24
2Bruce Solomon	MM45	12.33
3Shaun Goldie	MM55	13.12
4Brendan Magill	MM45	15.36
5Mark Gray	MM50	16.37

100m & 110m hurdles 0.9 M/S

1Amy Robinson	WU18	16.46
2Callum Taylor	MU18	16.86

200m h1 1.2 M/S

1Joseph Millar	SM	21.69
3Oliver Ranby	MU18	22.80

200m h2 0.2 M/S

1Bruce Solomon	MM45	25.72
4Mark Gray	MM50	34.03

400m Men

1Joseph Millar	SM	49.87
2Michael Cochrane	SM	51.20
3Oliver Ranby	MU18	53.85
5Stephen Te Whaiti	MM45	59.90
6Bruce Solomon	MM45	1:02.77

400m Women

3Anneke Grogan	WU18	01:06.61
5McKenzie Ball	G13	01:12.28
6Erin Conway	G13	01:13.44

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800m

1Anneke Grogan	WU18	02:27.99
4Gavin Smith	MM55	02:35.03
5Erin Conway	G13	02:36.34
7McKenzie Ball	G13	02:37.71

3000m

1Gavin Smith	MM55	11:15.91
3Morgan Ball	WU18	12:33.39
4Max Ball	MM50	12:41.62
5Robyn Winter	MW60	18:30.09
DNF Aiden Campbell		

3000m Freestyle Walk

1Alex Whimster	MM55	19:16.47
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Javelin

1Amy Robinson	WU18	24.66	500g
1StephenTe Whaiti	MM45	38.87	800g
2Brendan Magill	MM45	26.72	800g
Bruce Solomon	MM45	NT	

Discus

1Bruce Solomon	MM45	24.31	2kg
2Brendan Magill	MM45	17.62	2kg

Triple Jump

1BrendanMagill	MM45	8.62
		Wind + 2.1
1Mark Gray	MM50	8.01
		Wind + 0.3

Kawerau King & Queen of the Mountain 27/10/12

Brilliant run by **Chris Morrissey** to win the race in 51.03 minutes, heading off "The Goat" & off-road legend, Lake City's Sjors Corporaal, who recorded 53.02. Junior Shay Williamson of Whakatane was 3rd in 54.41.

Helen Rountree (Hawks) was 1st Woman in 22nd overall and 1.05.50



Marathon Milestone

Those of you who have been around for a while, say the 1970s, and running marathons will have heard of the name, Michael Stewart. Commonly referred to as 'Mad Mike' he has participated in almost every marathon since way back then and on November the 25th he will clock up his 500th. To celebrate the occasion he has set up a certified course in Lower Hutt and invited fellow members of the 100 Marathon Club, friends and anyone who wishes, to participate. This number of marathons has been exceeded overseas but is a milestone within New Zealand and possibly the Southern Hemisphere, and is quite an achievement.

A bit of an extrovert, Mike usually dresses in eye-catching rainbow attire and invariably has enough breath to call greetings out loudly to on-lookers or familiar runners he spies along the way.

He ran his first marathon in Wellington at the age of 18 and now 42 years later at the age of 60 he will set this running milestone.

"It doesn't matter how slow you go, it's about crossing the finish line. Time doesn't really matter to me," so says Mike, a one time rubbish collector who has run the equivalent of half way round the world.

Article From Euan Ross

World ITU Triathlon Champs, Auckland 22/10/12

Mike Pugh has won a World Title finishing in 1st place in the 40-44 ITU World age group championships from 93 world class athletes in his grade. Fantastic race- we watched the live video streaming! Splits 22.09 swim, 2.55 T1, 1.03.03 cycle, 2.43 T2 & 35.02 run = Total time 2.05.05.



Fairhaven School loved their visit from Rambler Matthew Lack - Ranked 12th in the world for wheelchair racing at the Paralympics! (Photo from Sport BOP)



Local champion sprinters **Joseph Millar & Molly Florence** got to meet and train with Usain Bolt when he paid a lightning visit to NZ recently.

*For those who were looking forward to **The Bays & Bridges Challenge** which was scheduled for 4th November 2012, please note that this event has had to be cancelled this year as the Council needs to complete repair work to the Matapihi foot bridge which has been deemed unsafe. See you all next Year!*

New Championship Age Grades and Names By-Law Changes for Athletics NZ 26/10/2012

The changes to the Championship Age Grades and Names and Eligibility By-Laws as proposed by the Rules Committee and previously circulated to all Clubs and Centres were considered by the Board at the 19 October 2012 board meeting.

Following the standard 50 day consultation period, the Rules Committee reviewed all of the feedback received and recommended that the proposed changes be adopted.

The Board confirmed the changes, effective from 1 November 2012 so they are effective for the major part of the 2012-13 Track & Field season.

The key changes:

1. Athletics New Zealand will adopt the IAAF age-grade groupings and names for Athletics New Zealand Championships. The grades for the Track & Field, Cross Country and Road Championships will be

a. Senior

b. **Junior / Under 20** (at 31 December in the year of competition). Replaces M/W 20 grade.

c. **Youth / Under 18** (at 31 December in the year of competition). Replaces M/W 17 grade.

2. A Championship Standards Committee will be formed to set and review the minimum standards for entry into the NZ Track and Field Championships. This committee will include Track and Field selectors and the Athletics NZ Statistician. The standards for the 2013 Track & Field and Combined Events championships will be set and published by 31 December 2012.

3. A new set of minimum ages has been set for competitors in all Championship Grades including the Marathon, Half Marathon, Mountain Running), Road walk championships. The only NZ

Championship event not affected by these changes is the Road Relay.

The change will bring Athletics New Zealand more in line with the IAAF and other countries (including those in the southern hemisphere). It will also simplify and clarify who is eligible for each grade in the various Athletics New Zealand Championships.

These By-Laws control the grades and eligibility for Athletics New Zealand Championships only and do not stipulate what competition grades must be used for competitions outside those championships (eg Centre Championships, league / interclub meetings and open events).

Centres and clubs are free to decide on the competition grades for their own competitions and championships, but to reduce possible confusion it is recommended that all event organisers (Centres, Clubs etc.) use the new names and their definitions as set out in the By-laws and the Athletics NZ Supplementary Rules to the IAAF Competition Rules.

[Athletics New Zealand records are not related to competition grades and will be unaffected by the changes].

The updated Competition By-Laws with detailed eligibility for Athletics New Zealand championships can be found [HERE](#) (after 2 November 2012).

As an explanation the birth year of competitors in the various grades at the 2013 NZ Championships is shown below.

NZ Track & Field and Combined Events Championships

Subject to the athlete achieving the required standard, to compete in the:

- Senior grade an athlete must be born in 1998 or earlier.
- Junior grade an athlete must have been born in 1994, 1995, 1996, 1997 or 1998.
- Youth grade an athlete must have been born in 1996, 1997 or 1998.

NZ Cross Country and the NZ Road Championships

To compete in the:

- Senior grade an athlete must be born in 1996 or earlier.
- Junior grade an athlete must have been born in 1994, 1995, 1996, 1997 or 1998.
- Youth grade an athlete must have been born in 1996, 1997 or 1998.
- B-U15 or G-U15 grade an athlete must have been born in 1999, 2000, 2001 or 2002.
- B-U13 or G-U13 grade an athlete must have been born in 2001 or 2002

NZ Road Relay Championships

To compete in the:

- Senior grade an athlete must be born in 1996 or earlier.
- Junior grade an athlete must have been born in 1994, 1995, 1996, 1997, 1998 or 1999.

NZ Mountain Running Championships

To compete in the:

- Senior grade an athlete must be born in 1995 or earlier.
- Junior grade an athlete must have been born in 1994, 1995, 1996, 1997 or 1998.

NZ Half-Marathon Championships and 20km Walk Championships

To compete in the:

- Senior grade an athlete must be born in 1995 or earlier.

NZ Marathon Championships and 50km Walk Championships

To compete in the:

- Senior grade an athlete must be born in 1993 or earlier. Includes Men's and Women's grades.

October 2012

NORTH ISLAND GAMES
INGLEWOOD 4th/5th/6th
January 2013

AGE GRADES..... 7-14 inclusive,
age as at 31 December 2012

ENTRY CLOSING DATE.....
13th November 2012

**Colgate Games Entries
need to be finalised
soon so kids please
organise your events
a.s.a.p. Enter through
Club.**

Entry form can be found online :
[http://www.athletics.org.nz/
Resource.aspx?ID=15602](http://www.athletics.org.nz/Resource.aspx?ID=15602)

Club member **Jason Cameron of
Victory Events** has a new event on
his race calendar in the New Year:

The Goat Goes Bush Kaimai,
Saturday 23rd March 2013

[http://www.thegoat.co.nz/home/
going-bush-kaimai](http://www.thegoat.co.nz/home/going-bush-kaimai)

Club Contacts:

President: Malcolm Taylor Ph 5760000
Secretary: Catherine Davison

Ph 5434496
Treasurer: Alex Whimster Ph 5765039
Event Entries: Bev Smith

Ph/fax 5764469
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Uniforms: Robyn Winter 027 6406559
Or 5736651

Summer Club Captain
Val Bromley Ph 5760559
Club Email: athletics.tauranga@xtra.co.nz

Website: www.taurangaramblers.co.nz
plus track results are on:
www.sportsground.co.nz/taurangaarc

Facebook:
[https://www.facebook.com/pages/Tauran
ga-Ramblers/191264287587830](https://www.facebook.com/pages/Tauranga-Ramblers/191264287587830)

Coming Events

1 November & every Thursday evening

Smiths Sports Shoes Everyone's Run/Walk series, Maxwells Rd. register from 5.15pm, walkers start 5.45pm, runners 6pm. 5km & 3km options. Weekly shoe voucher spot prize.

3 November

Open Meet, Porritt Stadium, Hamilton 3 pm start

4 November

Tikitapu Offroad Trail Runs, Blue Lake Rotorua Half Marathon, 17km & 10km
<http://www.tikitaputrailrun.co.nz/>

6 November

Athletics Club Night at Tauranga Domain 1st Bellevue race 5.40pm
300/400m at 5.50pm, 100m 6pm, 800m 6.20pm, 200m 6.45pm, 3000m 7pm
High Jump 6pm & Discus 6.45pm

10 November

Putaruru Bell Round 1. Porritt Stadium, Hamilton 3 pm start.

10 November

The Taniwha Offroad Trail Runs (Mangakino area). Waikato River Trails.
7km / 14km / 21.1km / 42.2km / 58km <http://www.thetaniwha.co.nz/>

10 November

Maratoto Challenge Half Marathon, 10km & 5km Hikutaia School, near
Paeroa <http://www.maratotochallenge.co.nz/>

11 November

Toi's Challenge, Whakatane 18km
<http://www.nduroonline.co.nz/seriesdetail.php?clientid=15&seriesid=22>

13 November

Athletics Club Night at Tauranga Domain

17 November

Putaruru Bell Round 2. Tauranga Domain, start 3pm

17 November

Kauri Run, Coromandel <http://www.arcevents.co.nz/kaurirun/content/>

18 November

Thames Save the Children Half Marathon, 10km, 5km fun runs

20 November

Athletics Club Night at Tauranga Domain

23rd / 24th / 25th November

North Island Masters T&F Champs, Porritt Stadium, Hamilton

25 November

Smith's Sports Shoes TECT All-Terrain Park Trail Run. TBC XC Team
fundraiser. 30km, 15km, 10km, 5km
<http://www.taurangatrailrun.co.nz/>

27 November

Athletics Club night, Tauranga Domain

28 November

BOP Zones Year 7 & 8 Athletic Champs, Tauranga Domain

30 November

BOP Poverty Bay Inter- Intermediate School Athletics, Tauranga Domain

1 December

Open Meet, Porritt Stadium, Hamilton 3pm start

5 December

Western BOP Athletic Champs, Tauranga Domain Year 5 & 6.

8 December

AWBOP 10,000m championship, Porritt Stadium, Hamilton 6pm. Entry fee
\$7.50 entries close 5pm at Porritt. Also request meet from 4.30pm.
Requests by 3.45pm.