

Ramblings

Newsletter of Athletics Tauranga Incorporated



December 2010

Volume 2010, Issue 12

Editor Fay Smith
Ph/fax 5443666, Email:
gc.flsmith@xtra.co.nz

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Athlete of the Month December



Joseph Millar

*100m & 200m Gold Medallist at
the NZ SS T&F Champs Hastings*



SUNDAY 26th
December 2010 2:30 pm



**Barefoot & headphones Ruby Muir is
Queen of Mauao.**



**Malcolm Taylor 43 consecutive Mt
Maunganui Mountain races.**



**2010 King of the Mountain- Sjors
Corporaal**



For appointment Ph 5779267
Free ACC related treatments to Ramblers
Club members
(note: they have good coffee too!)

Club Contacts:

President: Malcolm Taylor Ph 5760000
Secretary: position vacant- volunteers?
Treasurer: Alex Whimster Ph 5765039
Event Entries: Bev Smith Ph/fax
5764469

Email: klbjsmith@clear.net.nz
Uniforms: Robyn Winter 027 6406559
or 5702341

Winter Club Captain:
Russell Lake Ph 5786979

Club Email:
athletics.tauranga@xtra.co.nz
website: www.taurangaramblers.co.nz
plus track results are on:
www.sportsground.co.nz/taurangaarc

Great effort by Sjors Corporaal and Ruby Muir to wrestle the titles off the defending King, Iain Mac Donald and Queen, Helen Rountree. Record entries. Scorching day as was the pace by Sjors missing Angus Bell's 2007 record by one second. Ruby defied all by running in barefeet on tracks with fine gravel. George Tighe and Anneke Grogan took out the Junior Prince and Princess Events. George is a Fell Runner having just arrived from England and led home 3 of his new TBC team mates.



Robert, Dave, Ian & John

RESULTS

Sjors Corporaal	1 st	18.46
Iain MacDonald	2 nd	19.18
Phil Murray	3 rd	19.27
Shay Williamson	4 th 1 st M19	19.31
Ruby Muir	16 th , 1 st W & 1 st W19	22.38
Josh Dyer	27 th 15 th SM	23.58
Terry Furmage	28 th 1 st M50+	24.04
Gavin Smith	33 rd 2 nd M50+	24.36
Stu Smith	36 th 3 rd M50+	24.44
Adam Garner	39 th 18 th SM	25.14
Laurie Pugh	42 nd 2 nd W35+	25.32
Murray Clarkson	56 th 4 th M50+	26.31
Les Dobson	64 th 7 th M50+	27.02
Ian Bitcheno	87 th 24 th M35-49	28.47
John Addy	88 th 12 th M50+	29.03
Robert McPherson	94 th 16 th M50	29.24
Max Joret	95 th 10 th M19	29.26
Ruchira Seneviratne	96 th 29 th SM	29.40
Dave Whitehead	98 th 17 th M50+	29.56
Ashley Clements	125 th 7 th W19	32.21
Malcolm Taylor	129 th 23 rd M50	32.46

160 finishers

Junior Race

George Tighe	1 st B12-15	9.32
Scott Croasdale	2 nd B12-15	9.42
Brad Currie	3 rd B12-15	9.44
Andrew Robinson	4 th B12-15	9.48
Coby Miln	5 th 1 st BU12	10.00
Anneke Grogan	8 th 1 st G12-15	10.32
Jack Dangen	9 th	10.37
Jessica Bitcheno	11 th 2 nd G12-15	10.46
Mollie Kroon	Akl 15 th 1 st GU12	11.23
Kelly Furmage	19 th 5 th G12-15	12.04
Jodi Furmage	24 th 6 th G12-15	12.29
Morgan Ball	26 th 7 th G12-15	12.49
McKenzie Ball	33 rd 7 th GU12	13.41

40 finishers

Around The Mount Fun Run

Colin King	Hamilton	1 st	21.24
Helen Hall	Hamilton	2 nd 1 st W	21.56
Robert McPherson		4 th	22.28
Emma Shanley-McDonald		12 th	27.17
Robyn Winter		25 th	39.31

32 finishers

WBOP Mountain Running Champs

Shay Williamson	Whakatane	M16	1	19.31
Sam Oliver	Whakatane	M16	2	25.46
Cory Whiting	Hawks	M19	1	20.28
Cameron Hall	Hawks	M19	2	26.38
Max Joret	Ramblers	M19	3	29.26
Ian Bitcheno	Ramblers	M40	1	28.47
Garry Wilson	Hawks	M45	1	23.55
Terry Furmage	Ramblers	M50	1	24.04
Les Dobson	Ramblers	M50	2	27.02
Gavin Smith	Ramblers	M55	1	24.36

Stu Smith	Ramblers	M55	2	24.44
Malcolm Taylor	Ramblers	M55	3	32.46
Murray Clarkson	Ramblers	M60	1	26.31
John Addy	Ramblers	M60	2	29.03
Robert McPherson	Ramblers	M65	1	29.24
Sjors Corporaal	Lake City	SM	1	18.46
Iain MacDonald	Ramblers	SM	2	19.18
Aidan Campbell	Whakatane	SM3		21.25
Helen Rountree	Hawks	SW	1	23.35
Ruby Muir	Ramblers	W19	1	22.38
Ashley Clements	Ramblers	W19	2	32.21
Laurie Pugh	Ramblers	W35	1	25.32
Karen Hopson	Hawks	W50	1	32.38
Jenny Brady	Morrinsville	W50	2	37.08



McKenzie Ball finishing the Junior race

Club Night 7/12/10

HIGH DRAMA IN STEEPLECHASE
by Pat Sale

With many secondary school athletes easing down to the NZ Secondary Schools Championships this weekend numbers were down at Club night. The programme tended to be on unusual and shorter distances but high drama occurred in the 2000m Steeplechase. Only a small field took the gun and early leader Brendan Magill soon retired with foot trouble. Mathew Smith took over and was comfortably ahead when at the last hurdle before the bell he cramped and was forced to stop to stretch out his leg to break the spasm. By the time he'd eased it enough to start up again he had been caught by his veteran uncle Gavin Smith, but took off to open up a significant gap and looked to have the race sewn up until entering the final straight he cramped again and hopped and hobbled towards the finish with Gavin fast catching him. Finally Mathew got there just in time to win by the narrowest of margins, 0.12sec. Jeremy Shaw M12 put in a great finish to take third place. The Goldie family again shone out in the sprints with Abby W14 winning her 60m and 150m events, as did brother Michael M16, and dad Shaun taking the Masters 60m.

Veteran Terry Furmage took out the 1200m in good style with Laurie Pugh MW the first woman home.

Results

60m H1

1 CallumPhilpot	B10	9.98
2 MiaPugh	G9	10.54
3 ThomasShaw	B10	11.00
4 LucasDarling	B9	11.63
5 IanPugh	B8	12.20

60m H2

1 Jack Dangen	B12	9.53
2 Jeremy Shaw	B11	9.92
3 Olivia Hines	G11	10.38

60m H3

1 Jack Colvin	B13	8.49
2 Brooke Somerfield	G13	8.86
3 Samantha Bitcheno	G12	9.10
4 Jordan Nicholas	B13	9.40
5 Hannah Philpot	G13	9.50
6 Lauren Hines	G13	10.90

60m H4

1 Abby Goldie	G14	8.02
2. Bella Andrews	W16	8.31
3 Vanessa Hill	W19	8.34

60m H5

1 Michael Goldie	M16	7.65
2 Alex Colvin	M16	7.76
3 Max Joret	M19	7.97
4 Mathew Connolly	M16	8.00
5 Maximilian Weiss	M16	8.02
6 Shawn Goldie	M50	8.43

1200m

1 Terry Furmage	M50	3.43.3
2 Steve Smith	SM	3.57.8
3 Ian Bitcheno	M40	3.59.4
4 Laurie Pugh	W35	4.03.5
5 Gavin Smith	M55	4.10.2
6 Jack Dangen	B12	4.14.2
7 Jeremy Shaw	B11	4.18.7
8 Emily McCormick	W16	4.21.7
9 Thomas Darling	M16	4.24.9
10 Olivia Hines	G11	4.27.4
11 Max Ball	M50	4.32.6
12 Thomas Shaw	B10	4.45.9
13 Lauren Hines	G13	4.54.9

150m H1

1 Brooke Somerfield	G13	20.57
2 Jack Dangen	B12	21.71
3 Hannah Philpot	G13	21.82
4 Jordan Nicholas	B13	22.73
5 Olivia Hines	G11	25.34
6 Lucas Darling	B9	27.79
7 Ian Pugh	B5	31.10

150m H2

1 Michael Goldie	M16	17.09
2 Mathew Connolly	M16	17.79
3 Abby Goldie	G14	18.60
4Max Joret	M19	18.61
5 Maximilian Weiss	B16	18.86
6 Jack Colvin	B13	19.27
7 Emma Jackson	W19	19.33

2000m Steeplechase low height

1 Mathew Smith	SM	07:50.0
2 Gavin Smith	M55	07:50.1
3 Jeremy Shaw	B11	08:43.2
4 Steve Smith	SM	08:51.5
5 Jack Dangen	B12	09:08.1

High Jump

1 Callum Philpot	B10	1.10
1 Jeremy Shaw	B11	1.15
1 Nicholas Jordan	B13	1.00
1 Lucas Darling	B9	1.00
1HannahPhilpot	G13	1.35
1OliviaPhilpot	G8	0.95
1MiaPugh	G9	1.05
1JosephReynolds	M16	1.90
2ThomasDarling	M16	1.50

Long Jump

1CallumPhilpot	B10	3.69
1NicholasJordan	B13	3.10
1IanPugh	B5	2.28
1LucasDarling	B9	3.40
1CatherineSutton	G11	3.15
2OliviaHines	G11	3.02
1LaurenHines	G12	3.22
1BrookeSomerfield	G13	4.74
1OliviaPhilpot	G8	2.99
1MiaPugh	G9	3.80
1AlexColvin	M16	6.28
2MaxWeiss	M16	5.14
1MaxJoret	M19	5.28
1RochelleNewdick	W16	4.70
1EmmaJackson	W19	4.61

Discus

1 Emma McDonald	G14	19.71
1 Callum Philpot	B10	11.99
1 Max Joret	M19	30.00
1 Max Weiss	M16	26.20
1 Emily McCormick	W16	13.47

Club Night 14/12/10

200m H1

1Samantha Bitcheno	G12	+1.3	29.11
2Emily McCormick	W16		30.37
3Sophie McGregor	W16		30.90

200m h2

1 Ian Bitcheno	M40	+1.0	31.46
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2 Jeremy Shaw	B12	34.56
3Max Ball	M50	35.75
4Thomas Shaw	B10	36.45

200m H3

1Alex Colvin	M16	+1.0	24.22
2Mathew Connolly	M16		25.30
3Aidan Campbell	SM		25.38
4Max Joret	M19		25.89
5Max Weiss	M16		26.40
6Michael Sutton	M16		26.90
7Ross Colman	B13		26.98

Javelin

1 Bradley Colman	B10	25.63
1Ross Colman	B13	25.73
1Catherine Sutton	G11	6.19
2McKenzie Ball	G11	5.78
1Christine Sutton	G14	6.78
1Max Weiss	M16	25.13
2Michael Sutton	M16	11.13
1Max Joret	M19	31.98
1Rochelle Newdick	W16	11.93

Shot Put

1Kelsey Hannah	G11	5.29
2Joanne Sutton	G11	4.41
3McKenzie Ball	G11	3.68
4Catherine Sutton	G11	2.73
1Sam Bitcheno	G12	6.13
1 Christine Sutton	G14	5.82
1Cassidy Ball	G8	3.23
1Rochelle Newdick	W16	7.46
2Trudy Greg	W16	5.80

Discus

1Max Weiss	M16	21.70
2Michael Sutton	M16	11.12
1Max Joret	M19	26.48

Long Jump

1Thomas Shaw	B10	3.47
1Jeremy Shaw	B11	3.67
1Ross Colman	B13	4.94
1Alex Colvin	M16	6.25
2Mathew Conolly	M16	5.47
3Maximillian Weiss	M16	5.26
4Michael Sutton	M16	4.43
1Max Joret	M19	5.21
1Aidan Campbell	SM	4.84
1Kelsey Hannah	G11	3.40
2Catherine Sutton	G11	3.36
3Joanne Sutton	G11	3.13
4McKenzie Ball	G11	2.85
1Christine Sutton	G14	3.87
1Cassidy Ball	G8	2.46
1Rochelle Newdick	W16	4.72
2Emily McCormick	W16	3.55



100 Metres	+1.0	
1Trudi Greig	W16	13.64
2Samantha Bitcheno	G12	14.03
3Rochelle Newdick	W16	14.42
4Emily McCormick	W16	14.90
5Debra Payne	W16	14.91
6Sophie McGregor	W16	15.08
7Christine Sutton	G14	15.11
8Morgan Ball	G14	15.83
100 Metres	+0.8	
1Kelsey Hannah	G11	16.48
2Catherine Sutton	G11	16.93
3Joanne Sutton	G11	17.52
4McKenzie Ball	G11	17.81
5Cassidy Ball	G8	19.60

800m Men/Boys	
1Aidan Campbell SM	02:10.83
2Michael Sutton M16	02:15.45
3Nathan Burgi M19	02:16.91
4Mathew Smith SM	02:20.00
5Jessica Bitcheno G13	02:24.09
6Ian Bitcheno M40	02:27.97
7Max Joret M19	02:33.14
8Jeremy Shaw B12	02:41.46
9Gavin Smith M55	02:42.04
10Max Weiss M16	02:45.30
11Max Ball M50	03:03.36
12Thomas Shaw B10	03:17.63

800m Women/Girls	
1Christine Sutton G14	02:34.0
2Kelly Furmage G14	02:43.8
3Emily McCormick W16	02:47.3
4Jodi Furmage G14	02:52.7
5Morgan Ball G14	02:58.8
6Joanne Sutton G11	03:01.9
7Catherine Sutton G11	03:06.8
8Trudi Greig W16	03:25.8
9Rochelle Newdick W16	03:25.9
10McKenzie Ball G11	03:35.4
11Kelsey Hannah G11	03:35.4
12Cassidy Ball G8	04:15.2
13Shari Ball W40	04:15.3

5000 Metres	
1Sally Gibbs W45	17:15.5
2Russell Lake M40	17:39.3
3Dean Willacy M35	18:23.2
4Gavin Smith M55	18:52.2
5George Tighe B14	19:29.3
6Steve Smith SM	20:32.9
7Murray Clarkson M60	20:53.2
8Brendan Gibbs M50	22:58.9
9Sid Pavett M75	24:26.6

XMAS FUN Club Night 21/12/10

By Pat Sale

LAUREN HINES AND SID PAVETT TRIUMPH IN 800M HANDICAP

Lauren Hines W14 and Sid Pavett MM75, two athletes who have epitomized the Olympic ideals of taking part and striving well through the first half of the summer season, came out winners in the 800m handicap on December 21. Hines started off second but caught the Go runner Cassidy Ball early in lap 2 and ran strongly home for a deserved and popular win. Pavett was the Go runner in the men's race and ran steadily through lap one. On the second lap Brendan Gibbs was making up ground and George Tighe M14 was also coming through fast and with 200m to go looked a likely winner but Pavett increased speed as he entered the home straight with the wind behind him and held off his fast finishing younger rival by 1.65sec.

60m backwards Boys & Girls

1Jordan Nicholas	B13	14.47
2Olivia Hines	G11	19.01
3Joanne Sutton	G11	19.86
4Lauren Hines	G13	19.99
5McKenzie Ball	G11	21.00
6Kelsey Hannah	G11	21.06
7Cassidy Ball	G8	26.44

60m Backwards Women & Girls

1Emily McCormick	W16	13.46
2Nadia Barker	W16	13.82
3Christine Sutton	G14	14.08
4Marie Joret	G13	15.58
5Morgan Ball	G14	15.78
6Sue Tighe	W45	19.21
7Sally Gibbs	W45	23.62

60m Backwards Men

1Joseph Millar	M19	No Times
2Max Joret	M19	No Times
3George Tighe	B14	No Times
4Brendan Gibbs	M50	No Times
5Brendon Magill	M45	No Times
6Gavin Smith	M55	No Times
7Murray Clarkson	M60	No Times
8Sid Pavett	M75	No Times

60m Forwards Girls

1Samantha Bitcheno	G12	9.02
2Caitlin O'Toole	G12	9.57
3Marie Joret	G13	10.20
4Olivia Hines	G11	10.25

5Kelsey Hannah	G11	10.36
6Lauren Hines	G13	10.84
7McKenzie Ball	G11	10.87
8Cassidy Ball	G8	12.28

60m Forwards Women & Boys

1Tessa Carney	SW	8.01
2Abby Goldie	G14	8.10
3Amy Robinson	G14	8.77
4Emma McDonald	G14	8.97
5Jordan Nicholas	B13	9.14
6Victor Macfarlane	B10	9.60
7Sue Tighe	W45	10.82
8Alex Macfarlane	B7	10.95

60m Forwards Men

1Joseph Millar	M19	7.13
2Michael Goldie	M16	7.7
3Max Joret	M19	7.98
4George Tighe	B14	8.43
5Shaun Goldie	M50	8.47
6Brendan Gibbs	M50	9.82
7Murray Clarkson	M60	10.35
8Gavin Smith	M55	10.36
9Sid Pavett	M75	12.93

100m Women & Men

1Abby Goldie	G14	13.03
2Emily McCormick	W16	15.38
3Morgan Ball	G14	15.84
4Nadia Barker	W16	16.24
5Shari Ball	W40	16.38
6Marie Joret	G13	17.19
7Sid Pavett	M75	18.98

100m Men

1Michael Goldie	M16	11.89
2Max Joret	M19	12.58
3Shaun Goldie	M50	13.57

100m Boys & Girls

1Jordan Nicholas	B13	14.6
2Olivia Hines	G11	16.71
3Alex Macfarlane	B7	16.74
4Kelsey Hannah	G11	16.98
5McKenzie Ball	G11	17.89
6Victor Macfarlane	B10	18.29
7Lauren Hines	G13	19.46
8Cassidy Ball	G8	21.61

800m Time Handicap-Women & Girls

1Lauren Hines	04:08.6	0.30	3.38.6
2Cassidy Ball	04:21.2	go	4.21.2
3Olivia Hines	04:29.7	1.30	2.59.7
4Alice McFall	04:34.8	1.55	2.39.8
5Sally Gibbs	04:38.1	2.10	2.28.1
6Victor Macfarlane	04:38.2	1.45	2.53.2
7Emma McDonald	04:39.8	1.40	2.59.8
8Morgan Ball	04:42.4	1.35	3.07.4

9EmilyMcCormick	04:42.8	1.45	2.55.8
10Kelsey Hannah	04:44.6	1.00	3.44.6
11Christine Sutton	04:45.2	2.00	2.45.2
12Sam Bitcheno	04:47.0	1.40	3.07.0
13McKenzie Ball	04:47.5	1.20	3.27.5
14Joanne Sutton	04:48.3	2.05	2.43.3
15Jessica Bitcheno	04:48.6	1.35	3.13.6
16Nadia Barker	05:02.1	1.50	3.12.1
17Sue Tighe	05:11.1	1.40	3.31.1

800m Time Handicap-Men & Boys

1Sid Pavett	03:36.3	go	3.36.3
2George Tighe	03:38.0	1.10	2.28.0
3Brendan Gibbs	03:40.3	0.35	3.05.3
4MurrayClarkson	03:46.6	1.00	2.46.6
5Gavin Smith	03:48.5	1.00	2.48.5
6Ian Bitcheno	03:50.8	1.15	2.35.8
7Nathan Burgi	03:56.7	1.30	2.26.7

Criterion 2400m

1Michaels Team	08:45.0	08:55.0
Michael Sutton	penalty	-10.00
Alice McFall		ChristineSutton
Emily McCormick		Morgan Ball
Brendon Gibbs		

2Sallys Team 09:03.2 09:03.2

Sally Gibbs	Gavin Smith
Jessica Bitcheno	Olivia Hines
Samantha Bitcheno	Shari Ball

NZSS T&F Champs Hastings.
11-12 December 2010

Fantastic efforts from our athletes at National Secondary Schools: particularly Alex Colvin's gold in the Triple & silver in the Long Jump. Joseph Millar grabbed the 100m & 200m golden double. Julian Oakley's awesome 800m was pipped by Brad Mathas of Cullinane College in a record breaking 1.51.25. Sophie Millar bronze in the 400m & Bella Andrews bronze in the 100m hurdles. Mariah Rinui silver Long Jump.

Abbie Goldie JG TGC

100m H7/8	1 st	12.60 Q
100m H1/4 QF	1 st	12.73 Q
100m H1/2 SF	1 st	12.97 Q
100m Final	4 th	12.67
200m H3/6	1 st	26.49 Q
200m H2/4 QF	2 nd	26.11 Q
200m H2/2 SF	2 nd	26.41 Q
200m Final	5 th	25.87

Alice McFall JG Aquinas

2000m Open Steeples 13th/15 8.03.57

Amy Robinson JG TGC

Long Jump	12 th /44	4.69m
100m H7/8	4 th	13.16 q
100m H1/4 QF	4 th	13.11 Q
100m H1/2 SF	7 th	13.99
80m Hurdles H1/4	2 nd	12.87 Q
80m Hurdles H1/2	4 th	13.07 q
80m Hurdles Final	6 th	12.77
4x400m relay final TGC	2 nd	4.20.09

Vanessa Hill SG Otum

100m H3/4	4 th	12.96 q
100m H1/2 SF	6 th	13.06

Mariah Rinui SG TGC

100m H4/4	1 st	12.62 Q
100m H2/2 SF	8 th	18.27
Long Jump	2 nd /22	5.50m
4 x100m relay final TGC	1 st	49.81

Sophie Millar JG Aquinas

400m H5/5	1 st	1.01.23 Q
400m H2/2 SF	1 st	1.00.58 Q
400m final	3 rd	1.00.51

Livvie Duggan SG Kati

Shotput	7 th /12	10.33m
Discus	8 th /17	34.09m
Hammer	6 th /7	36.42m

Emma Jackson SG Otum

400m H1/3	1 st	1.01.66 Q
400m H2/2 SF	5 th	1.00.57
Long Jump	20 th /22	4.46m

Bella Andrews SG TGC

100m Hurdles H1/2	15.64 Q
100m Hurdles Final	3 rd 15.49
300m Hurdles H2/2	6 th 49.03
Shotput	12 th /12 7.04m

Michael Goldie SB TBC

100m H7/8	2 nd	11.76 Q
100m H1/4 QF	5 th	11.85
200m H5/6	3 rd	23.84 Q
200m H3/4 QF	4 th	23.44. Q
200m H2/2 SF	6 th	23.47

Joseph Millar SB Aquinas

100m H6/8	1 st	11.33 Q
100m H4/4	2 nd	11.40 Q
100m H2/2	2 nd	11.37 Q
100m final	1 st	10.68
200m H1/6	2 nd	23.32 Q
200mH2/4 QF	2 nd	23.23 Q
200m H2/2 SF	2 nd	23.08 Q
200m final	1 st	21.27

Ollie Ranby JB TBC

200m H3/7	2 nd	24.70 Q
200m H4/4 QF	1 st	23.61 Q
200m H2/2 SF	7 th	24.86
400m H2/5	2 nd	52.86 Q
400m H1/3 SF	1 st	52.26 Q
400m final	4 th	52.24

Kodi Harman SB Mt M

100m H8/8	1 st	11.31 Q
100m H4/4 QF	1 st	11.38 Q
100m H1/2/ SF	4 th	11.61 Q
100m final	7 th	11.35
200m H3/6	1 st	23.57 Q
200m H4/4 QF	1 st	22.60 Q
200m H2/2 SF	3 rd	23.11 Q
200m final	4 th	22.66

Michael Sutton SB TBC

3000m	14 th	9.34.64
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Alex Colvin JB TBC

100m Hurdles H2/3	3 rd	15.56
Long Jump	2 nd /41	6.39m
Triple Jump	1 st /27	13.17m

Julian Oakley SB TBC

800m H1/6	1 st	2.03.91 Q
800m H2/3 SF	1 st	2.00.63 Q
800m Final	2 nd	1.53.07
1500m H2/3	2 nd	4.10.36 Q
1500m Final	4 th	4.02.02

Matt Strange SB TBC

800m H3/6	1 st	2.05.98 Q
800m H1/3 SF	6 th	2.06.16
1500m H1/3	9 th	4.25.79

Joseph Reynolds SB Otum

High Jump	4 th /22	1.94m
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Anneke Grogan JG Aquinas

1500m H2/2	5 th	5.09.16 Q
1500m final	6 th	5.03.78

Rochelle Newdick JG Mt M

Triple Jump	7 th /26	10.24m
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Scott Croasdale JB TBC

1500m H3/3	6 th	4.27.72
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Luke Davison SB Beth

Discus	16 th /29	37.72m
Javelin	7 th /24	53.85m

Nathan Burgi SB Beth

1500m H3/3	10 th	4.30.94
3000m	20 th	10.13.08

Open Meet, Hamilton 4/12/10

100m M15-16		
Michael Goldie	2 nd	11.96
Ollie Ranby	4 th	12.17
100m M17-19		
Joseph Millar	1 st	11.04
200m M5-16		
Michael Goldie	2 nd	23.87
Ollie Ranby	4 th	24.76
200m M17-19		
Joseph Millar	1 st	21.99
400m M15-16		
Ollie Ranby	1 st	52.22
1 mile M15-16		
Michael Sutton	4 th	4.38.64
1 Mile W14 & U		
Christine Sutton	1 st	5.55.53
100m W15-16		
Rebekah Millar	9 th	13.97
100m W17-19		
Mariah Rininui	1 st	12.85
200m W15-16		
Rebekah Millar	8 th	28.94
Shotput W17-19		
Livvie Duggan	1 st	9.65m
Hammer W17-19		
Livvie Duggan	1 st	33.41m

**Sam Johnson Memorial Throws,
Porritt Stadium 5/12/10**

Luke Davison M16		
Discus	3 rd /8	39.62m
Javelin	1 st /4	46.39m

Open Meet Hamilton 18/12/10

100m M17-19		
Joseph Millar	1 st	11.07
Mike Cochrane	2 nd	11.57
200m M17-19		
Joseph Millar	1 st	22.19
Mike Cochrane	3 rd	23.16
Triple Jump M17-19		
Mike Cochrane	1 st	12.60m
Javelin M15-16		
Luke Davison	1 st	50.77m
Triple Jump SW		
Rebecca Cochrane	1 st	9.36m

**Children's Relay Champs
Tauranga Domain 4/12/10**

Some young Ramblers competed for their childrens clubs with great success with the combination of **Abby Goldie, Emma Shanley-McDonald, Amy Robinson &**

Brooke Somerfield taking out 1st place in the 4x 100m relay for Greerton G14.

Jack Dangen & Samantha Bitcheno were part of the winning Greerton Grade 12 Mixed Medley relay .

Jack Dangen also ran in the winning Greerton Boys grade 12 4 x100m .

Amy Robinson, Scott Croasdale & Abby Goldie were part of the winning Grade 14 Greerton Mixed Medley team

Jessica & Samantha Bitcheno were both in the winning Girls G13 4x 100m team for Greerton.

Samantha Bitcheno G12 placed 3rd in the Discus, throwing 21.04m

Brooke Somerfield G13 won the Long Jump with 4.85m

Jessica Bitcheno G13 was 4th in the discus with 14.65m

Amy Robinson won the G14 Long Jump with a 4.22m jump.

Emma Shanley-McDonald won the G14 Shotput , throwing 8.87m ahead of

Anneke Grogan's 6.61m for 2nd.

Abby Goldie won the G14 discus 17.48m

Luke Robinson 2nd B14 Shotput 7.29m

**Smith Sports Shoes Everyone's
Run/ walk Series**

2/12/10 : 83 participants

5km		
1 st Iain Macdonald		15.37
2 nd Gareth Hyett		16.15
3 rd Ben Ruthe		16.16
4 th Dan Smith		17.05
7 th Stu Smith		18.43
8 th (1stW) Esther McArthur		19.14
9 th (2 nd W) Emma Hyett		19.21
11 th Murray Clarkson		19.32
14 th Craig Walker		19.56
15 th Max Ball		20.13
16 th Macca McKenzie		20.27
22 nd Mike Powell		22.14
23 rd Fiona Ellison		22.16
5km Walk		
3 rd Alex Whimster		34.19
3km		
1 st Petra Creighton		11.43
2 nd Sam Averill		12.32
3 rd Andrew Creighton		13.31
5 th Jasmine Creighton		16.13

9/12/10 : 41 participants

5km		
1 st Ben Ruthe		15.19
2 nd Iain Macdonald		15.27
3 rd Dan Smith		17.53
4 th Stu Smith		18.48
5 th David Stewart		19.55
7 th Murray Clarkson		21.16
8 th Sam Averill		21.41
12 th Mike Powell		22.44
14 th Rod Taylor		23.35

16/12/10: 34 participants

5km		
1 st Iain Macdonald		16.15
2 nd Gareth Hyett		16.18
3 rd (1stW) Emma Hyett		19.30
5 th David Stewart		20.12
6 th Petra Creighton		20.20
7 th Craig Walker		20.34
10 th Fiona Ellison		24.52
12 th Shari Ball		26.46

5km walk		
4 th Alex Whimster		36.19
7 th Mike Powell		40.13

3km		
1 st Morgan Ball		13.06
2 nd Andrew Creighton		14.22
3 rd McKenzie Ball		14.31
9 th Cassidy Ball		19.54
10 th Max Ball		19.57

23/12/10: 51 participants

5km		
1 st Stu Smith		19.01
3 rd (1stW) Petra Creighton		20.05
5 th Murray Clarkson		20.39
8 th John Addy		22.31
9 th Fiona Ellison		22.53
10 th Macca McKenzie		22.54
12 th Shari Ball		25.05

3km		
1 st Terry Furmage		11.24
2 nd Kelly Furmage		13.07
3 rd Jodi Furmage		13.08
4 th Morgan Ball		13.30
5 th Andrew Creighton		13.32
7 th Jasmine Creighton		15.27
8 th McKenzie Ball		15.27
10 th Cassidy Ball		18.43
11 th Max Ball		18.44

*In the California International,
Sacramento Marathon on 5/12/10
Johanna Ottosson ran 2.45.32 for 110th
overall (7thF 30-34, 13thW) from 3330
men & 2549 women.*

