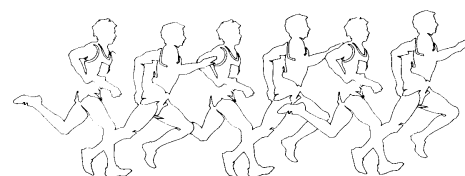


Ramblings

Newsletter of Athletics Tauranga Incorporated



September 2009

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ATHLETE OF THE MONTH

September 2009



Jessica Bitcheno

*Winner of the NZ AIMS Games
Year 7 Girls 3km Cross Country
at Waipuna, representing Te
Puke Intermediate.
Jessica also won the 2km at Club
Road Champs*

Trophies for Winter Prizegiving.

If you have a trophy for winter please return to Bev Smith 5764469 as soon as possible. To be returned clean and polished.

Winter Prize-giving will be on 13th October 2009 after the Special Meeting.

Summer Club: Children 14 and under:

Please notify Bev Smith which Children's Club you wish your registration transferred to for the summer season. You will still retain membership of Athletics Tauranga Inc but you may only be registered with one club. Advise Bev Smith 5764469 or email klbjsmith@clear.net.nz.

Summer Track & Field commences on Tuesday 13th October at 5.45pm

NOTICE OF SPECIAL GENERAL MEETING

A SPECIAL GENERAL MEETING OF ATHLETICS TAURANGA INCORPORATED WILL BE HELD ON 13th OCTOBER 2009 AT TAURANGA RUGBY SPORTS CLUB, TAURANGA DOMAIN, CAMERON ROAD, TAURANGA at 7:30 PM. BUSINESS:

1. To amend the constitution to remove the requirement to have the Annual Accounts of Athletics Tauranga Incorporated audited. The audit would be replaced by a review.
2. To provide for a subscription for a "Club Only" for Secondary School athletes of \$10.00 plus Athletics Waikato Bay of Plenty Club Only fee of \$10.00. Note that these athletes would not be eligible to compete in Athletics Waikato Bay of Plenty events or Athletics New Zealand events, unless the difference between the \$20.00 combined Club fee and full Athletics Waikato Bay of Plenty fee was paid.

Club Contacts:

President: Malcolm Taylor Ph 5760000
Secretary: Christine McCahill
Treasurer: Alex Whimster Ph 5765039
Event Entries: Bev Smith Ph/fax 5764469

Email: klbjsmith@clear.net.nz
Uniforms: Bev Smith Ph 5764469
Summer Club Captain:
Brendan Magill Ph 5740353

Club Email:

athletics.tauranga@xtra.co.nz

website: www.taurangaramblers.co.nz

or www.athleticstauranga.co.nz

plus summer track results are on:

www.sportsground.co.nz/taurangaarc

CLUB ROAD CHAMPS, GREERTON **19th September 2009**

2km

Jessica Bitcheno	G12	7.37
Alice McCafferty	G12	8.13
Rebekah McCafferty	G10	8.13
Christine Sutton	G14	8.15
Samantha Bitcheno	G12	8.25
Daniel Hines	B14	8.29
Morgan Ball	G14	8.35
Olivia Hines	G10	8.37
Mia Pugh	G8	9.13
Catherine Sutton	G9	9.19
Lauren Hines	G12	9.43
Joanne Sutton	G9	9.49
Ian Pugh	B4	15.00

6km

Michael Sutton	M16	19.38
Sally Gibbs	W45	23.18
Laurie Pugh	W35	23.48
Fiona Ellison	W35	27.57

10km

Ben Ruthe	SM	31.26
Kyle MacDonald	SM	31.28
Iain MacDonald	SM	32.11
Blair Jordan	SM	34.07
John Caie	MM 40	35.19
Russell Lake	MM35	36.25
Gary McIlwee	SM	37.07
Dean Willacy	SM	38.29
Gavin Smith	MM55	39.45
Stu Smith	MM55	39.55
Murray Clarkson	MM60	40.30
Mike Powell	MM55	42.24
John Addy	MM55	42.52
Les Dobson	MM50	43.08
Mathew Smith	SM	43.40
Robert McPherson	MM65	45.43
Brendan Gibbs	MM50	51.31
Malcolm Taylor	MM55	51.33
Alex Whimster (walk)	MM55	1.06.52



Kyle



Blair

A drizzly rain started, as if on cue, just before the race start. A reasonable turnout, nevertheless, as things heat up for Road relays.

All age groups set off together around the 2km Greerton Road course, starting at the Pemberton Park Hall. Wonderful to see life member Colin Clifton turn out to watch.

Jessica Bitcheno dominated the 2km event from start to finish. Michael Sutton kept in near contact with the Seniors until his race ended at 6km and Sally Gibbs lead the Women from start to finish. Dad, Mike Pugh pushed the baby buggy and accompanied son Ian, on what must have seemed a marathon for such a tiny tot.

(forgiven by judges for pacing!)

Iain MacDonald led the early stages of the 10km event with Ben in close contact. Kyle, who had drifted back off the leading pair, in 3rd, made his move in later stages, passing brother Iain and challenging Ben to a sprint finish. Ben held him at bay by 2seconds. Blair Jordan, returning to the club scene after an absence was 4th. John Caie made his return from a niggly knee injury to win the masters race.

Gary McIlwee, whom we haven't seen since track season, ran strongly to head off another past member on the comeback, Dean Willacy.

Gavin Smith, suffering from a chesty cold, put in just enough effort to head off his age group, with a time 2 minutes slower than his recent WBOP win. Max Ball & Tim Masters DNF'd at 8km with injury niggles. Striding out strongly, Alex walked the 10km distance.

The afternoon tea in the Pemberton Hall afterwards was welcomed by all and a good chance to catch up on all the news.



Start line



Gary



Ben & Iain ...

Redwood Forest Relays, Rotorua **12 /9/09**

Ramblers Senior Men & Senior Women's teams reigned supreme with first placings in both grades. **Jess Ruthe**, competing in her first event since motherhood proved she is still a force on the comeback with the 2nd fastest women's time of the day, only 2seconds behind Nikki Hamblin, Cambridge, who has been competing overseas.

Very creditable performances from our youngsters aged between 9 & 12 to place 3rd by only 3seconds from 17 teams in the FY age. First & second went to Tauranga Girls College & New Plymouth Girls High.

Rambler **Esther McArthur**, running for TGC recorded the fastest lap overall in the FY grade.

Michelle Basson recorded the fastest lap by a Masters Woman, running in our SW team, while **Mike Pugh** recorded the fastest MM lap. Hamilton Hawks' runner Aaron Pulford was overall fastest around the 5km course in a time of 15.13.

Female Youth (3km approx)

Olivia Crombie	13.47	
Rebekah McCafferty	13.42	
Alice McCafferty	14.12	
Jessica Bitcheno	<u>13.22</u>	
	55.03	3 rd /17

Morgan Ball	15.51	
Samantha Bitcheno	16.24	
Mia Pugh	16.33	
Olivia Hines	<u>15.33</u>	
	64.21	10 th /17

TGC (1 st /17)		
Esther McArthur	12.45	
Shelby Goddard	13.18	
Ella Mangan-Walker	12.58	
TGC2 (6 th /17)		
Julia Campbell	13.32	
TGC3 (7 th /17)		
Amy Robinson	14.48	

Walk

Malcolm Taylor	33.27	
Alex Whimster	<u>32.43</u>	
	66.10	3 rd /44

NZ ROAD CHAMPS, DUNEDIN **5/9/09**

Not many from here travelled, possibly because of cost factor with all the NZ champs being in the South Island this year. Awesome :2 individual silvers to Ramblers.

The senior Men's 10km event was won by Kim Hogarth in 30.04. Fiona Crombie took out the SW 10km in 35.28.

Fastest in the MM was Richard Bennett (M40-44) in 31.33, with ex Rambler Tracy Crossley (W35-39) , fastest MW over 5km in 17.47.

Mohamed Ali of WBOP won the M16 6km in 19.32

Ramblers

Malcolm Taylor	2 nd M55-59	10km walk	1.03.32
Michael Sutton	2 nd /24	M16 6km	19.44
Tim Masters	4 th /7	M60-64 10km	43.36

Ramblers results

Open Men

Mike Pugh	15.38	
Kyle MacDonald	15.54	
Gareth Hyett	16.16	
Iain MacDonald	15.42	
Ben Ruthe	<u>15.48</u>	
	79.18	1 st /10

Open Women

Jess Ruthe	17.22	
Petra Creighton	20.25	
Michelle Basson	18.47	
Johanna Ottosson	18.56	
Laurie Pugh	<u>20.46</u>	
	96.16	1 st /6

Masters Men

Gavin Smith	18.39	
Ken Keyte	17.55	
Les Dobson	20.17	
Murray Clarkson	20.22	
Stu Smith	<u>19.34</u>	
	96.47	6 th /16

John Addy	21.18	
Max Ball	21.06	
Robert McPherson	21.52	
Tim Masters	22.37	
Mike Powell	<u>21.06</u>	
	107.59	13 th /16



Alex strides into finish his Redwoods lap in showery conditions

Nature Valley NTrail Run Series, **Event 4 Blue Lake, Rotorua**

Andrea Evason was 3rd F40-49 (8thF & 24th overall in 2.14.19 over the Long Course

First Home was Colin Dittmar in 1.42.20 & 1st Female Karen Hanlen in 1.50.52

Lydiard Legend Marathon & Arthur's Half Marathon, Auckland **19th September 2009**

The full marathon was won by Sam Wreford in 2.23.11 with Ady Ngawati 1st female in 3.04.51

Sam Dobson took out the Half in 1.10.31 **Craig Kirkwood** finished 2nd in 1.12.15

Whangamata Half Marathon **5/9/09**

Perfect day for it. Lovely sunshine, but a bit of a head wind came up for the return trip in the half. 365 finishers in the 21.1km, 451 in the 10.2km and 303 in the 5.7km.

On a sadder note, long time race organiser Jack Coffey passed away the day before the event and also a day before which was to be his 50th wedding anniversary.

Amazingly, Jack's widow still turned up to present prizes and a new memorial winners trophy, which went to Craig Kirkwood.

21.1Km

Craig Kirkwood	1 st /67 MO	1.10.27
John Caie	6 th 1 st /19 M40	1.17.13
Michelle Basson	12 th 1 st /70 FO	1.23.09
Gavin Smith	13 th 2 nd /18 M55	1.24.12
Sally Gibbs	34 th 2 nd /31 F45	1.30.42

10.2km

Johanna Ottosson	7 th 1 st /147 FO	38.50
Brendan Gibbs	73 rd 2 nd /9 M50	54.07

5.7km

Fay Smith	95 th 6 th /14 F50jog walk	41.45
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Craig Kirkwood at Whangamata



Michelle Basson 1stW at Whangamata

CITY TO SURF HALF MARATHON **Tauranga-Mount 27/9/09**

Starting from The Strand, Tauranga & finishing at Phoenix carpark, Mt Maunganui, 354 people finished the half run plus 78 the walk, while 354 completed the 12km run & 404 the 12km walk.

The Ruthe's scored the double with Ben winning the half run and Jess coming in 1st female. Not to be outdone, brother-in-law Gareth Hyett took out the 12km event. Awesome performance also from junior Michael Sutton to place 4th in the half!

Ramblers:

Ben Ruthe	1 st	1.10.28
(Kieran Doe triathlete	2 nd	1.10.35)
Michael Sutton	4 th	1.14.41
Jess Ruthe	8 th (1stF)	1.17.25
Gary McIlwee	10 th	1.19.23
Blair Jordan	12 th	1.21.13
Andrew Peacocke	20 th	1.23.52
Sally Gibbs	26 th (4thF)	1.27.17
Esther McArthur	41 st (8thF)	1.31.06
Les Dobson	42 nd	1.31.16
Ella Mangan-Walker	69 th (14F)	1.35.45
Ashley Clements	139 th (32F)	1.44.33

12k

Gareth Hyett	1 st	40.24
Terry Furrage	2 nd	45.10
Laurie Pugh	7 th (1stF)	48.29
Julia Campbell	14 th (2ndF)	51.51
Ethney Barnaby	101 st (40thF)	1.03.48

NZ AIMS Games (Yr7-8) Cross **Country at Waipuna 7/9/09**

A huge event with intermediate schools from all over NZ competing. The weather was a perfect, sunny spring day.

Fantastic running from some of our young club members. Thanks to club members who helped on the day.



Jessica Bitcheno of Te Puke Intermediate starred in the first event the Year 7 Girls event over 3km, winning easily in 11.51.19 from 60 finishers

Olivia Crombie, Aquinas, 3rd Y7G 11.56.87

Alice McCafferty, Kaimai, 4th Y7G 12.13.46

Christine Sutton, Mt Maung Int, 34th/58 Y8G, 13.05.05

A regular at summer track, Andrew Robinson of Tga Int, was 2nd / 73 Y7B 10.50.06

Scott Croasdale, Tga Int, 3rd Y8B 10.30.90

Tauranga Intermediate won the combined 12x 1km relay in 42.34.59 from 11 teams.

MORE NOTICES:

Everyones Run Walk is planned to start 29th October 2009.

Equipment Assistance:

Thankyou: to those who helped with the installing of the pallets under the pole-vault pads.

They were Russell Lake, Dave Whitehead, Malcolm Taylor, Gavin Smith, & Murray Clarkson. A good job was achieved in a short time.

Also – The Millennium Track Trust is looking for a “not so old i.e. less than 5 years” **computer** for the Photo-finish operation. The present lap-tops are being under-utilized for this and would be better networked to the field events so that results of these can be done and transmitted instantly. If anyone is up-grading their machine we would be grateful for the donation of their older model.

Yours sincerely,
Murray Clarkson,
Tauranga Millennium Track Trust.

*For those running Road Relays-
Good Luck & Give it Heaps. Go
Ramblers!*

*That also goes to those running
Ekiden Relays for their Secondary
Schools the same weekend.*



Coming Events

3 October

Sri Chinmoy 24 Hour, 12hour & 6hr Sovereign stadium.

4 October

SBS Bank Hamilton Half Marathon, 10km & 5km. 9am start
Hamilton Gardens www.hamiltonhalfmarathon.org.nz

4 October

WBOP Masters Opening T&F meet at Porritt Stadium
Hamilton. Meet starts 12 noon, enter before 11.30am Chris
McCahill has more details. cmccahill@extra.co.nz

10 October

NZ Road Relay Champs, Christchurch Takahe- Akaroa.
Considered by many the Highlight of the season. Huge event &
some hotly contested races. Ramblers will be taking 3 teams
this year. Open Men, Open Women, & MM50+. Maps of
course & details available on www.athletics.org.nz

10 October

Motu Challenge, multisport. Opotiki

13 October

Opening Club Night Summer Track & Field at Tauranga
Domain. Winter season **prizegiving** will also be held following
the events along with a **BBQ**, and a **Special General Meeting**
to vote on a change to the club constitution. Bring plates,
cutlery & a salad. Sausages provided.

Track & Field Programme:

60m, 800m, 300m, 3000m, Long jump, Discus.
All ages and abilities catered for.

18 October

Sir Barry Curtis 10km Classic Road Race, Auckland
<http://www.sirbarrycurtis10k.co.nz/>

18 October

Morrinsville Fun Run, Half marathon, 10km, 5km
www.coolrunning.co.nz

18 October

Nature Valley Trail Series 20km, 15km, 10km offroad Kawerau
<http://www.n-duro.co.nz/ntrial/index.php>

20 October

100m, 1500m, 400m, 4000m, shotput, high jump

27 October

200m, 1000m, 150m, 5000m, javelin, triple jump

29 October

Everyone's Run /Walk 5km series from Maxwells Road
recommences. Sign in from 5.15pm. Walk start 5.45pm. run
start 6.00pm. also a kids 3km option.

1 November

Auckland Marathon & Half Marathon
<http://www.aucklandmarathon.co.nz/>

3rd November

Secondary Schools league commences (includes normal club
events)
80/100/110m hurdles, 100m, 1500m, 4x100m relay, 400m,
long jump, javelin, hammer