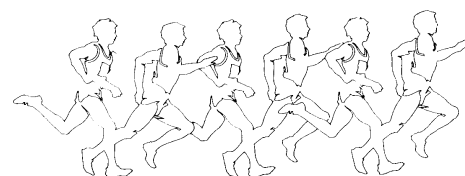


Ramblings

Newsletter of Athletics Tauranga Incorporated



Phone Directories

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Inside this Issue

Page

- 1** Athletes of the Month
Phone directories
- 2** Club Nights
- 3** Club Nights
- 4** Club Nights
- 5** Club Nights
- 6** Trophy Day, Open Meet
Porritt Classic,
- 7** 100km, Black Singlet,
Combined Events champs.
TGC & Schools,
Everyone's Run
- 8** Notice-Rotorua marathon
Coming Events

ATHLETES OF THE MONTH

February 2009



Joseph Millar

Joseph is currently NZ's top-ranked M16 runner for 100m, recording 11.06 at the Auckland Hot Meet 31/1/09 followed by 10.8 hand timed at WBOP Open Meet 21/2/09- unfortunately not captured by the new photo timing equipment. Joseph has also recorded a couple of other sub 11s runs this season, either wind assisted or nwr.



Michael Cochrane

First in the NZ Combined Events Champs in the M19 Decathlon at Waitakere 7th/8th February with 6067 points

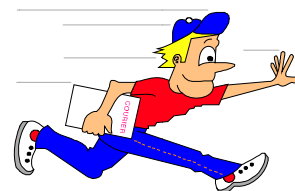
Our Annual fundraiser: Note the books have arrived and need to be delivered **6th-16th March**. Money from these assists our athletes with travel to various championship events around the country.

We need all hands on deck to get these delivered in the allotted time frame.

If you can't help with a vehicle or as a runner delivering, then please volunteer to assist putting them into plastic bags. Bring along family & friends too.

The Garners are co-ordinating efforts again this year from their garage at 31 Maihi Cres, Maungatapu. Gary & Tanya- you are awesome- on behalf of the club, thanks bucketloads.

Please contact Tanya on 5442849 a.s.a.p. to let her know which days you are available.



Acknowledgement & Thankyou to National Express Tauranga - Maleme St, (part of the Mainstream Freight Group), for delivering the phone books to the Garner's garage free of charge. Wonderful service!

If you have not been getting weekly emails from Malcolm Taylor about "What's Happening in Athletics" each week then email janmal@xtra.co.nz and get your email address added to the list.

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website: www.taurangaramblers.co.nz

or www.athleticstauranga.co.nz

plus summer track results are on:

www.sportsground.co.nz/taurangaarc

CLUB NIGHT ACTION

1500 METRES AND DISCUS TITLES

DECIDED by Pat Sale

Club Championships for 1500m and the discus were decided at the Club Night on **February 3rd**.

Jessica Bitcheno ran extremely well to take the W12 title and Michael Sutton ran away with the M14 race winning by over half a minute. Some of the big guns lined up for the Senior Men's Championship and in spite of Braden Neal leading for a while the race was dominated by Ben Ruthe who won with a 20sec margin from Ian McDonald. Graham Fitzgerald led from start to finish in the Master's race, and finished strongly to hold off a spirited challenge from Terry Furmage.

Michael Cochrane M19 had the best discus throw of the night with a creditable distance of 34.66m. Khanum Elisaia threw 34.41m to win the W14 grade and Livvy Duggan 33.36 in the W16. Luke Davidson won the M14 after a great contest with James Hunt, 31.22m to Hunt's 29.32.

In the non-championship events Joseph Millar had a good double in the 60m and 100m, he was pressed hard by Josh Harrison over both distances. In the hurdles Michael Cochrane and Amy Robinson both shone out with excellent form and good wins, Cochrane winning easily but Robinson was pressed hard by Emma Shanley- McDonald.

1500 Metre Club Championships

1Michael Sutton B14	4.55.8
2Scott Croasdale B12	5.11.0
3Jessica Bitcheno G11	5.28.7
4Melanie Smith W16	5.34.1
5Casey Blackwell G14	5.38.7
6Patrick Gough B14	5.48.7
7Keegan Millar B9	5.55.1
8Amy Robinson G12	6.00.3
9Kelly Furmage G12	6.08.1
10Robyn Winter W55	7.18.8

1Ben Ruthe SM	4.02.6
2Iain MacDonald SM	4.22.6

3Regan Bones M16	4.23.7
4Spencer Pope M16	4.26.4
5Daniel Major M19	4.33.8
6Braden Neal SM	4.34.1
7Gary Macilwee SM	4.36.8
8Mathew Smith SM	4.39.8
9Malcolm Smith SM	4.51.8
10Jamie Regan M16	5.02.4
11Andrea Smith SW	5.02.9

1Grahame Fitzgerald M40	4.46.8
2Terry Furmage M45	4.51.1
3Fraser Graham M40	4.55.6
4Brendon MagillM45	5.02.5
5Les Dobson M45	5.03.8
6Gavin Smith M55	5.05.8
7Stu Smith M50	5.15.1
8Petra Creighton W40	5.20.3
9Barry Watson M50	5.20.7
10Andrew Peacocke M30	5.26.5
11Dave Whitehead M50	5.27.1
12Murray Clarkson M60	5.39.0
13Mark Brebner M45	6.19.5
14Sid Pavett M70	6.38.8
15Eric de Lautour M85	9.16.2

60 Metres

1Brent Gough M45	8.23
2Phil Browne M40	8.65
3Mark Brebner M45	8.77
4Les Dobson M45	9.11

1Shaun Goldie M50	8.54
2Dave WhiteheadM50	9.65
3Gavin Smith M55	10.23
4Sid Pavett M70	12.66

1Emma Shanley McD G12	9.05
2Amanda Somerfield G12	9.40
3Jessica Bitcheno G11	9.87
4Jodi Furmage G12	9.97
5Kelly Furmage G12	10.50

1Sophie Millar G13	8.74
2Amy Robinson G12	8.80
3Bella Andrews G14	8.99
4Andrew Somerfield B12	10.11

1James Hunt B14	7.91
2Michael Goldie B14	7.93
3Scott Doney B14	8.56
4Rowan Davies B14	8.76

1Genelle Vandershantz W16	8.47
2Emma Jackson W16	8.67

1Joseph Millar M16	7.16
2Josh Harrison SM	7.48
3Jono Morton M16	7.66

4Stephen Te Whaiti M45	7.74
5Joseph Reynolds B15	8.52

80 Metre Hurdles

1Alex Colvin B13	13.44
2Scott Doney B14	14.58
3Scott Croasdale B12	15.61

1Amy Robinson G12	15.27
2Amanda Somerfield G12	18.17
3Emma Shanley McDonald G12	18.24

1Fiona Bennett G13	15.45
2Rebekah Millar G14	16.30
3Angela Graham W45	16.35

100 Metres Hurdles

1Amy Christophers W16	17.79
2 Andrea Smith SW	21.54

1Joseph Reynolds M15	17.59
2 Jamie Regan M16	23.96

110 Metre Hurdles

1Michael Cochrane M19	16.16
2Braden Neal SM	23.10
3Brendon MagillM45	26.75

100 Metres

1Amy Robinson G12	14.55
2Emma Shanley McDonaldG12	14.73
3Amanda Somerfield G12	15.37
4Jodi Furmage G12	16.15
5Kelly Furmage G12	16.29

1GenelleVandershantz W16	13.49
2Sophie Millar G13	14.03
3Rebekah Millar G14	15.06
4Bella Andrews G14	14.61
5HannahShanley McDonald G14	15.42
6Angela Graham W45	15.61

1MichaelGoldie B14	12.55
2James Hunt B14	12.70
3Mariah Ririnui W16	12.74
4Scott Doney B14	13.81
5Keegan Millar B9	16.37
6AndrewSomerfield B12	16.44

1Joseph Millar M16	11.36
2Josh Harrison SM	11.59
3Gary Macilwee SM	13.66
4Joseph Reynolds B15	14.02
5Jamie Regan M16	14.52

1Brent Gough M45	13.05
2Shaun Goldie M50	13.31
3Mark Brebner M45	13.92
4Les Dobson M45	14.89

5Brendon Magill M45	15.30
6Dave WhiteheadM50	15.66
7 Gavin Smith M55	16.85
8 Sid Pavett M70	20.77

4000 Metres

1Braden Neal SM	14,34.1
2Gary Macilwee SM	14.35.1
3Malcolm Smith SM	14.46.2
4Gavin Smith M55	14.47.2
5Jamie Regan M16	15.36.8
6Clive Reynolds M35	15.38.9
7Barry Watson M50	16.01.6
8Les Dobson M50	16.40.4
9Dave WhiteheadM50	17.20.7
10Sid Pavett M70	18.17.5

Discus Club Championships

1Ashton McQueen B13	27.05
1Luke Davison B14	31.22
2James Hunt B14	29.32
1Joseph Reynolds B15	20.46
1Samantha Bitcheno G10	14.42
1Jessica Bitcheno G11	15.00
1Amy Robinson G12	20.94
2Emma Shanley MacDonald G12	16.09
1Sophie Millar G13	13.49
1Khanum Elisaia G14	34.41
2HannahShanley McDonald G14	16.09
3Rebekah Millar G14	16.02
1Michael Cochrane M19	34.66
1Stephen Te Whaiti M45	23.74
2Brendon Magill M45	18.22
1Ray Laurie M70	21.38
1Christine Browne SW	19.28
1Livvie Duggan W16	33.36
2Genelle Vandershantz W16	18.74
1 Pauline Purser W85	10.70

FAST 800 METRES BY GARETH HYETT

By Pat Sale

A fast 800 metres by Gareth Hyett was the outstanding performance at the Athletics Tauranga Club Night on **February 10**. Paced by Josh Harrison for 350m Hyett took over with just over a lap to go and with a strong solo last lap recorded a sharp 1min 53.3sec time.

Club Championships for 2000m and 3000m Steeplechase's were held with some good efforts by competitors, most of who were lacking in technique. With the new facilities, including the steeplechase up to international standard, those that want to specialize in that event will be able to train for it with

the right equipment. Melanie Smith won the women's 2000m race, but 11yr old Jessica Bitcheno would undoubtedly have taken line honours if she could have hurdled properly. In the men's 3000m distance a good race between Malcolm Smith SM and Michael Sutton M14 developed with Sutton setting the early pace and Smith finishing strongly to win.

Veteran Kevin Philpot put in a good 400m to press the in form Joseph Millar with Jonno Morton third. Millar and Philpot both won their grades over 60m and in the M14 grade Michael Goldie just bested James Hunt by the narrow margin of 0.1sec. Amy Robinson and Sophie Millar both performed well in the W12 and W14 grades respectively.

Robinson also won the W12 triple jump after a great tussle with Emma Shanley-McDonald.

800 Metres

1Gareth Hyett SM	1:53.67
2Ben Ruthe SM	1:57.89
3Tom Hall M19	2:00.59
4 Kyle MacDonald SM	2:06.21
5Regan Bones M16	2:07.25
6Braden Neal SM	2:16.91
7Keegan Miller B9	3:05.12

Photo Timing

Steeple Chase 2000m

1Melanie Smith W16	8:32.48
2Jessica Bitcheno G11	8:37.50
3Cydney Ebeling G11	8:52.94
4Murray Clarkso M60	9:16.09
5Naysa Thompson G12	9:21.00
6Keegan Miller B9	9:28.92
7Robyn Winter W55	11:05.05

Steeple Chase 3000m

1Malcolm Smith SM	11:36.39
2Michael Sutton B14	11:51.72
3Jamie Regan M16	12:12.39
4Andrea Smith SW	12:28.71
5Les Dobson M45	13:10.80

60 Metres

1Amy Robinson G12	8.74
2Robyn Engels G12	8.78
3Emma Shanley-McDonald G12	9.20
4Brooke Somerfield G11	9.23
5Amanda Somerfield G12	9.45
6Jessica Bitcheno G11	9.86

1Sophie Millar G13	8.71
2Emma Jackson W16	8.74
3Rebecca Miller G14	8.82
4Bella Andrews G13	9.04
5Amber Philps W19	9.12
6Angela Graham W45	9.53
7Nikki Meadows G14	9.92

1Michael Goldie B14	7.97
2James Hunt B14	8.04
3Scott Croasdale B12	8.88
4Andrew Robinson B10	9.18
5Andrew Somerfield B12	10.21

1Kevin Philpott M40	7.81
2Brent Gough M45	8.25
3Shaun Goldie M50	8.49
4Brendon Magill M40	9.56
5Dave Whitehead M50	9.66
6Les Dobson M45	10.00
7Sid Pavett M70	12.30
8Eric de Lautour M85	13.82

1Joseph Millar M16	7.33
2Josh Harrison SM	7.46
3Jonno Morton M16	7.58
4Kahu Tapsell SM	7.83
5Kyle Cairns M16	8.10
6Julian Philip M16	8.26
7Cydney Ebeling G11	10.27
8Naysa Thompson G12	10.74

400 Metres

1Emma Jackson W16	1:02.84
2Sophie Millar G13	1:03.75
3Andrea Smith SW	1:09.07
4Amy Robinson G12	1:12.55
5Amanda Somerfield G12	1:14.82
6Robyn Engels G12	1:15.62
7Angela Graham W45	1:16.04
8Naysa Thompson G12	1:27.18

1Scott Croasdale B12	1:04.75
2Andrew Robinson B10	1:07.95
3Ben Engels B10	1:23.71
4Andrew Somerfield B12	1:24.48

1Joseph Millar M16	54.52
2Kevin Philpott M40	54.82
3Jonno Morton M16	57.56
4Kahu Tapsell SM	59.08
5Michael Goldie B14	59.76
6Braden Neal SM	1:01.48
7Kyle Cairns M16	1:02.82

1Terry Furmage M45	1:02.78
2Dave Whitehead M50	1:09.06
3Murray Clarkson M60	1:15.36

4Les Dobson	M45	1:15.88
5Eric de Lautour	M85	2:02.27

One Mile

1Braden Neal	SM	5:25.82
2Malcolm Smith	SM	5:29.07
3Michael Sutton	B14	5:31.85
4Andrea Smith	SW	6:06.14
5Jamie Regan	M16	6:20:34
6Les Dobson	M45	6:36.84
7Andrew Somerfield	B12	6:40.41
8Robyn Engels	G12	7:48.60

High Jump

1Amy Robinson	G12	1.25
2Robyn Engels	G12	1.25
1Luke Davison	B14	1.65
1Alex Colvin	B13	1.55
1Joseph Reynolds	M16	1.65
1Scott Croasdale	B12	1.30
1Ben Engels	B10	1.10

Triple Jump

2Emma Shanley-McDonald	G12	8.79
1Amy Robinson	G12	8.84
1Luke Davison	B14	9.80
1Scott Croasdale	B12	8.12
1Brendon Magill	M40	8.88

LUKE DAVISON SNATCHES SHOT PUT TITLE FROM JAMES HUNT *by Pat Sale*

Club Championships for 5000m and shot put were held at the Club Night on **February 17**. Luke Davison won the M14 shot with a put of 11.28m just 0.01m ahead of James Hunt in second place. Michael Cochrane M19 had the best throw of the night with 12.01m and others who achieved titles with puts of over 10m were Chris McCahill MW 10.83m and Amy Christophers W16 10.39m.

Braden Neal ran away with the 5000m leading from go to whoa to take the Senior Men's title but Michael Sutton M14 again put up a gutsy performance to win his grade and take second place overall, pipping Malcolm Smith SM by 0.53sec with a fine finish over the last 50m.

In non championship events Hunt put up a great performance over 60m to head Michael Goldie by one hundredth of a second in the M14 race but Goldie reversed the situation in the 100m with a

margin of 0.1sec. Cochrane had the best time of the night with 7.47sec just ahead of Jonno Morton's 7.59sec. Morton M16 later posted the fastest 100m time of 11.86sec and Neal added the 800 event to his 5000m win earlier in the programme

5000 Metres Club Championships

1Braden Neal	SM	17.42.98
2Michael Sutton	B14	18.19.70
3Malcolm Smith	SM	18.20.23
4Gavin Smith	M55	18.36.27
5Stu Smith	M50	19.13.01
6Barry Watson	M50	19.22.07
7Jamie Regan	M16	19.58.66
8Les Dobson	M45	20.11.43
9Petra Creighton	W40	20.27.90
10Murray Clarkson	M60	20.55.22
11Andrea Smith	SW	21.02.27
12Cindy Taylor	W50	21.07.91
13Warren Taylor	M45	21.11.54
14Dave Whitehead	M50	21.13.82
15Peter Kennedy	M55	21.43.64
16Linda Reynolds	W40	22.27.66
17Sid Pavett	M70	23.03.56
18Jessica Bitcheno	G11	23.55.13
19Robyn Winter	W55	26.21.40

Shot Put Club Championship

1Andrew Somerfield	B12	8.04
2Scott Croasdale	B12	6.15
1Alex Colvin	B13	8.97
1Luke Davison	B14	11.28
2James Hunt	B14	11.27
1Samantha Bitcheno	G10	5.87
1Amy Robinson	G12	8.17
2Amanda Somerfield	G12	7.99
3Emma Shanley-MacDonald	G12	7.22
1Khanum Elisaia	G14	9.96
2Hannah Shanley-McDonald	G14	8.04
1Joseph Reynolds	M16	8.25
1Michael Cochrane	M19	12.01
1Ray Laurie	M70	6.87
1Amy Christophers	W16	10.39
1Livvie Duggan	W16	9.59
2Genelle Vanderschantz	W16	6.48
1Christine Browne	W35	7.80
1Christine McCahill	W40	10.83
1Pauline Purser	W85	3.60

60 Metres

1Brooke Somerfield	G11	9.12
2Caitlin O'Toole	G10	9.47
3Cydney Ebeling	G11	9.89
1Abbie Goldie	G12	8.72
2Amy Robinson	G12	8.89
3Emma Shanley-MacDonald	G12	9.33

4Amanda Somerfield	G12	9.63
1Sophie Millar	G13	8.55
2Bella Andrews	G13	8.95
3Rebekah Millar	G14	9.18
4Hannah Shanley-McDonald	G14	9.28
5Nikki Meadows	G14	9.78

1James Hunt	B14	7.98
2Michael Goldie	B14	7.99
3Rowan Davies	B14	8.65
4Scott Croasdale	B12	9.04
5Andrew Robinson	B10	9.12

1Michael Cochrane	M19	7.47
2Jonothon Morton	M16	7.59
3Kyle Cairns	M16	8.05
4Julian Philip	M16	8.15

1Josh Harrison	SM	7.61
2Kahu Tapsell	SM	7.81
3Shaun Goldie	M50	8.37
4Vanessa Hill	W16	8.42
5Emma Jackson	W16	8.70

200 Metres

1Sophie Millar	G13	28.16
2Amy Robinson	G12	29.48
3Emma Shanley-McDonald	G12	29.56
4Bella Andrews	G13	30.95

1Michael Goldie	B14	25.29
2Kyle Cairns	M16	26.55
3Alex Colvin	B13	26.95
4Scott Croasdale	B12	30.35

1Gary Macilwee	SM	26.94
2Brent Gough	M45	27.28
3Brendon Magill	M40	30.29
4Dave Whitehead	M50	31.00
5Les Dobson	M45	31.32
6Sid Pavett	M70	43.57

800 Metres

1Braden Neal	SM	2.24.21
2Gary Macilwee	SM	2.27.47
3Jamie Regan	M16	2.28.12
4Andrea Smith	SW	2.29.14
5Mathew Smith	SM	2.29.35
6Scott Croasdale	B12	2.31.90
7Michael Sutton	B14	2.34.64
8Malcolm Smith	SM	2.38.72
9Sophie Millar	G13	2.41.35
10Gavin Smith	M55	2.42.94
11Patrick Gough	B13	2.56.16
12Les Dobson	M45	2.59.86
13Christine Browne	W35	3.05.77
14James Hunt	B15	3.06.05



Sid Pavett celebrated his 75th birthday this month and is aiming for a new Rotorua Marathon age group title

DAVISON AND HUNT FIGHT IT OUT AGAIN. By Pat Sale

Club Championships for 800m and the javelin were held at the Club Night on **February 24**. Luke Davison and James Hunt battled for the M14 javelin title with Davison winning 37.82m to 35.45m, a week after he'd narrowly beaten his rival for the shot put crown. Michael Cochrane recorded a throw of 36.40m taking the M19 grade, whilst Brendon Magill won the masters title from Rob McGregor, but McGregor was some 25 years older. Christine Browne threw 28.42 for the women's master's crown.

The under 2 minute guns were missing in the 800m but Daniel Major ran well to take the M19 race in 2-09.58, and Andrea Smith won the Senior Women's grade in 2-23.04.

In non-championship events Joseph Millar won a good 60m in 7.55sec from Josh Harrison 7.65sec and Michael Cochrane 7.78sec. Amy Robinson won the W12 in 9.0sec from Emma Shanley McDonald 9.4sec.

Braden Neal won over 4000m after the lead was held by veteran Gavin Smith for over nine of the ten laps, before Malcolm Smith and Neal took over with Neal prevailing in the home straight.

Club Championship 800 Metres

1	Jamie Regan	M16	2.25.17
2	Scott Croasdale	B12	2.30.14
3	Rowan Davies	B14	2.39.20
4	Jessica Bitcheno	G11	2.39.83
5	Patrick Gough	B13	2.49.90
6	Amy Robinson	G12	2.58.28
7	Emma Shanley-M	G12	2.58.33
8	Olivia Hines	G9	3.10.39
9	Lauren Hines	G11	3.50.48

1	Andrea Smith	SW	2.23.04
2	Petra Creighton	W40	2.32.85
3	Gavin Smith	M55	2.35.19
4	Charlotte Bartrum	SW	2.45.94
5	Christine Browne	W35	2.57.62
6	Sid Pavett	M75	3.28.94
7	Robyn Winter	W55	3.38.13

1	Daniel Major	M19	2.09.58
2	Braden Neal	SM	2.10.44
3	Terry Furmage	M45	2.18.19
4	Fraser Graham	M40	2.18.41
5	Malcolm Smith	SM	2.20.86
6	Kahu Tapsell	SM	2.21.10
7	Les Dobson	M45	2.30.97
8	Dave Whitehead	M50	2.37.51
9	Mark Brebner	M45	2.47.90

4000 Metres

1	Braden Neal	SM	14.55.72
2	Malcolm Smith	SM	14.58.86
3	Gavin Smith	M55	15.02.06
4	Andrea Smith	SW	15.56.95
5	Stu Smith	M50	15.58.85
6	Jamie Regan	M16	17.30.25
7	Sid Pavett	M75	18.36.74

60 Metres

1	Amy Robinson	G12	9.0
2	Andrea Smith	SW	9.3
3	Emma Shanley-McDonald	G12	9.4
4	Hannah Shanley-McDonald	G14	9.54
5	Brooke Somerfield	G11	9.69
6	Olivia Hines	G9	11.67
7	Lauren Hines	G11	13.14

1	Joseph Millar	M16	7.55
2	Josh Harrison	SM	7.65
3	Michael Cochrane	M19	7.78
4	James Hunt	B14	9.05
5	Jamie Regan	M16	9.08
6	Scott Croasdale	B12	10.21

1	Braden Neal	SM	8.6
2	Malcolm Smith	SM	9.33
3	Brendan Magill	M40	9.84
4	Gavin Smith	M55	10.67
5	Sid Pavett	M75	13.37

200 Metres

1	Emma Shanley-McDonald	G12	30.38
2	Jessica Bitcheno	G11	33.54
3	Jodi Furmage	G12	34.79
4	Olivia Hines	G9	39.19
5	Abby Furmage	G10	40.7
6	Lauren Hines	G11	49.24

1	Josh Harrison	SM	24.58
2	Kyle Cairns	M16	26.9
3	Daniel Major	M19	27.58
4	Julian Philip	M16	28.28
5	Jamie Regan	M16	29.33
6	Christine Browne	W35	31.1
7	Scott Croasdale	B12	33.19
8	Charlotte Bartrum	SW	33.74

1	Brent Gough	M45	27.06
2	Mark Brebner	M45	28.84
3	Brendon Magill	M40	30.45
4	Dave Whitehead	M50	31.2
5	Les Dobson	M45	33.01
6	Gavin Smith	M55	33.67
8	Sid Pavett	M75	43.24

Javelin Club Championship

1	Luke Davison	B14	37.82
2	James Hunt	B14	35.45
1	Alex Colvin	B13	32.20
2	Ashton McQueen	B13	25.95
1	Michael Cochrane	M19	36.40
1	Marcia Taylor	SW	17.07
1	Andrew Somerfield	B12	17.88
1	Khanum Elisaia	G14	19.68
1	Emma Shanley-McDonald	G12	12.20
1	Pauline Purser	W85	9.09
1	Brendan Magill	M40	30.78
1	Rob McGregor	M65	27.63
1	Ray Laurie	M70	19.65
1	Christine Browne	W35	28.42
1	Samantha Bitcheno	G10	13.25
1	Jessica Bitcheno	G11	10.67
1	Jodi Furmage	G12	9.40
1	Amy Robinson	G12	14.50



Masters Trophy Day Meet, Porritt Stadium 22/2/09

Kevin Philpott

1 st M40 100m	11.6
1 st M40 400m	54.8

Murray Clarkson

3 rd M60 400m	1.14.0
1 st M60 800m	2.45.0
1 st M60 1500m	5.53.0
2 nd M60 Shotput	5.81m

Ray Laurie

2 nd M70 Shotput	6.55m
1 st M70 Discus	19.70m
2 nd M70 Hammer	28.39m
2 nd M70 Weight Throw	10.70m

Christine McCahill

1 st W40 Shotput	11.26m
1 st W40 Discus	36.55m
1 st W40 Hammer	41.05m
1 st W40 Weight Throw	15.09mNZR

Pauline Purser

1 st W85 Shotput	3.68m
1 st W85 Discus	10.57m
1 st W85 Hammer	8.66m
1 st W85 Weight Throw	4.42m

AWBOP Open Meet, Tauranga Domain 21/2/09

Malcolm Taylor M55

1 st 2000m Walk	11.32.3
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Emma Jackson W16

2 nd 80mHurdles	13.85
2 nd 100m	13.19

Mariah Ririnui W16

1 st 100mHurdles	15.78
2 nd W16 Shotput	9.09m

Amy Christophers W16

1 st W16 Shotput	10.12m
2 nd 100m Hurdles	16.78
1 st W16 Long Jump	4.68m



Amy & Mariah

Rebecca Cochrane W19

1 st W19 Triple Jump	10.07m
1 st W19 Long Jump	4.60m

Michael Cochrane M19

2 nd 110m Hurdles	15.41
1 st M19 Discus	37.15m
2 nd M19 Shotput	11.28m
1 st M19 Long Jump	6.21m

Stephen Te Whaiti M45

2 nd 100m (1 st MM)	12.07
2 nd 200m (1 st MM)	24.95

Robyn Winter MW55

5 th 3000m (1 st MW)	16.09.67
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Andrea Smith SW

6 th 800m (1 st Woman)	2.26.6
4 th 3000m (1 st Woman)	12.02.29

Gavin Smith M55

8 th 800m (1 st MM)	2.32.8
3 rd 3000m (1 st MM55)	11.08.47

Kahu Tapsell SM

5 th 800m (3 rd SM)	2.25.3
5 th 100m (2 nd SM)	12.25
6 th 200m (2 nd SM)	25.64
1 st SM Long Jump	5.14m

Joseph Millar M16

1 st 100m	10.98est
1 st 200m	22.40

Jonno Morton M16

4 th 100m (2 nd M16)	11.87
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Josh Harrison SM

2 nd 100m (1 st SM)	11.27
2 nd 200m (1 st SM)	23.62

Scott Croasdale B12

1 st 80mHurdles	16.06
7 th 800m (1 st B12)	2.29.75
1 st B12 Long Jump	3.94m

Michael Cochrane M19

2 nd 110m Hurdles	15.41
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James Hunt B14

3 rd 100m (2 nd B14)	12.56
2 nd B14 Discus	32.50m
2 nd B14 shotput	9.98m

Michael Goldie B14

6 th 100m (1 st B14)	12.30
3 rd 200m (1 st B14)	25.07
1 st B14 Long Jump	5.24m

Brendan Magill M45

5 th 100m (2 nd MM)	16.14
7 th 200m (2 nd MM)	30.06
1 st MM Discus	19.57m
1 st MM Triple Jump	9.11m
1 st MM Long Jump	4.43m

Luke Davison B14

1 st B14 Discus	34.31m
1 st B14 Shotput	11.50m

Livvie Duggan W16

1 st W16 Discus	33.98m
3 rd W16 Shotput	9.02m

Sophie Millar G13

3 rd 100m (1 st G13)	13.65
1 st 200m (1 st G13)	27.68

Rebekah Millar G14

4 th 100m (2 nd G14)	13.65
2 nd 200m (1 st G14)	28.10

Abby Goldie G12

5 th 100m (1 st G12)	14.07
5 th 200m (1 st G12)	28.49
1 st G12 Long Jump	4.07m

Emma Shanley-McDonald G12

3 rd 100m (2 nd G12)	14.35
6 th 200m (2 nd G12)	29.88

Hannah Shanley-McDonald G14

4 th 100m (3 rd G14)	14.65
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PORRITT CLASSIC 15/2/09

Highlight was the quality line up in the 1500m won by **Gareth Hyett**.

Regan Bones also finished less than 1sec behind winner Mohamed Ali in the Junior 1500m

Mens 100m Section 1

Joseph Millar	4 th	11.36
Jonno Morton	6 th	12.07

Mens 100m Section 2

James Hunt	8 th	15.31
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Mens 400m

Jonno Morton	7 th	54.32
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Mens 1500m

Gareth Hyett	1 st /20	3.44.46
Ben Ruthe	5 th /20	3.47.80

Junior Mens 1500m

Regan Bones	2 nd /29	4.06.29
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3000m Race Walk

Malcolm Taylor	2 nd /4	17.30.57
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Mens Shotput

Luke Davison	3 rd	12.00m
James Hunt	5 th	10.31m

Mens Javelin

Luke Davison	6 th	40.22m
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Womens 100m Section 1

Mariah Ririnui	3 rd	12.71
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Womens 100m Section 2

Genelle Vanderschantz	2 nd	13.25
Vanessa Hill	5 th	13.43

Womens 100m Section 3

Emma Jackson	3 rd	13.58
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Womens 200m Section 2

Vanessa Hill	5 th	27.54
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Womens 200m Section 3

Genelle Vanderschantz	1 st	26.55
Robyn Engels	5 th	28.32

Womens 400m Section 2

Emma Jackson	3 rd	60.70
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Womens Long Jump

Mariah Ririnui	2 nd	5.81m
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Womens Discus

Livvie Duggan	3 rd	35.44m
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Womens Javelin

Livvie Duggan	6 th	28.66m
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NZ COMBINED EVENTS CHAMPS
WAITAKERE 7th & 8th FEBRUARY

11 women & 9 men participated with **Michael Cochrane** winning the M19 grade Decathlon with 6067 points from 4 in that group.

100m 11.96, 400m 51.34, 1500m 4.46.45, 110mHurdles 15.79, High Jump 1.85m, Polevault 2.90m, Long Jump 6.29m, shotput 11.71m, discus 36.12m, javelin 39.07m

Rebecca Cochrane placed 2nd /2 in the W19 heptathlon with 2727 points

200m 29.33, 800m 3.06.66, 100m Hurdles 19.39, High Jump 1.29m, Long Jump 4.64m, shotput 7.85m, Javelin 19.68m.

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NZ 100km Champs, Taupo 21/2/09

Alex (Macca) McKenzie placed 2nd in the NZ Champs (3rd overall behind an Australian runner) with a time of 9.28.50 Winner was Graeme Butcher of Masterton in 9.00.56. Womans winner was Val Muskett of Hill City in 9.38.55.

36 individuals ran in the 100km (most not registered with ANZ)held in conjunction with the Great Lake Relay. Another local Tauranga runner Barry Fredheim covered the distance in 11.59.30.

Black Singlet Invitational 20/2/09
Waitakere

In ther 800m **Gareth Hyett** placed an extremely close 2nd behind Wgtn Scottish athlete Tim Hawkes. Tim's time: 1.52.33, Gareth: 1.52.39. Third placegetter was Tom Osbourne of Wanganui in 1.53.89

Everyone's 5km Run /Walk
Series, Maxwells Road

5th Feb (72 finishers)

1 st Ben Ruthe	16.03
2 nd Iain MacDonald	16.15
3 rd Chris Morrissey	16.29
5 th John Caie	17.13
9 th Fiona Alcock (1stW)	20.00
10 Mike Powell	21.15
11 Stu Smith	21.39
28 Karen Smith	30.16

1stWalk Chanelle Bryan	30.16
2 nd Walk Ashley Clements	30.17
18 th Alex Whimster	42.54

12th Feb (90 finishers)

1 st Andrew Lloyd	16.29
4 th Ian Walker	18.09
9 th Heidi Wrigley	19.43
13 Murray Clarkson	21.38
17 John Addy	22.21
20 Stu Smith	22.46
46 Eric De Lautour	33.41
47 Karen Smith	33.41
1 st Walk Chanelle Bryan	32.37

19th Feb (89 finishers)

1 st Zach Martin	16.32
2 nd John Caie	16.58
3 rd Brad Smith	17.18
6 th Dan Smith	18.20
7 th Heidi Wrigley	19.08
8 th Stu Smith	19.19
11 Murray Clarkson	20.33
14 Mike Powell	20.49
16 Ollie Brown	21.03
20 Charlotte Bartrum	22.52
30 Karen Smith	29.29
3 rd Walk Ashley Clements	31.57
4 th Walk Alex Whimster	31.57

26th Feb (99 finishers)

1 st Dean Willacy	18.20
5 th Stu Smith	20.28
9 th Macca Mckenzie	21.46
10 Murray Clarkson	21.47
11 Mike Powell	21.54
12 John Addy	21.56
25 Ollie Brown	24.45
33 Karen Smith	30.52
1 st Walk Chanelle Bryan	31.26

Around The Secondary Schools

All the secondary schools have been having their school athletic championships during the last couple of weeks. Unfortunately, some of the results havent been sent through to me so I apologise guys & gals if your names aren't mentioned . You are all welcome to write in with a story about your schools events & stars anytime. Indeed, it would save me alot of time!

Thanks to Michelle Pollard for providing the **TGC results** in full:

Mariah Ririnui SG champion

1 st 100m	13.14
1 st 200m	26.58
1 st 80mH	12.83
1 st Long Jump	5.19m record
1 st High Jump	1.48m
1 st Shotput	9.67m

Esther McArthur SG

1 st 1500m	4.58
1 st 800m	2.25.03
2 nd 400m	1.07.65

Shelby Goddard SG

2 nd 1500m	5.12
3 rd 800m	2.34.01

Julia Campbell SG

3 rd 1500m	5.18
4 th 800m	2.35.43
7 th Javelin	10.54m

Ella Mangan-Walker SG

4 th 1500m	5.23
2 nd 800m	2.31.83

Morgan Bennett SG

4 th 100m	14.16
2 nd Discus	22.23m
13 th Shotput	5.59m

Khanum Elisaia Y10

1 st 80mH	14.03
1 st Shotput	11.44m record
1 st Discus	27.88m
2 nd Javelin	18.70m

Amy Robinson Y9 champion

1 st 100m	13.8
1 st 200m	nt
1 st 80mH	14.84
1 st Long Jump	4.88m record
1 st High Jump	1.30m

Haylee-Rose Dangen Y9

2 nd 80mH	18.22
8 th Shotput	6.51m
6 th Discus	14.47m
4 th 800m	3.02.8

Alice Bain Y9

2 nd 800m	2.51.73
2 nd 100m	14.14
3 rd 200m	nt
2 nd Long Jump	4.24m
3 rd Discus	19.02m

Abby Goldie Y9

1 st 400m	1.13.83
2 nd 200m	nt
3 rd 100m	13.36
4 th Long Jump	4.06m

Otumoetai College six school records were broken. (previously grass track)

Jacob Martin

1 st 1500m	4.26.84 record
1 st 3000m	9.54.36

Amy Christophers SG champion

1st Triple Jump 10.24m record

Kylie Teitjens SG

1st 1500m 4.50.20 record

Rest of schools results not received.

NOTICE:

**Rotorua Marathon Day-
Fun Runs**

Tauranga Ramblers have again been asked to arrange the Marshalls for the Rotorua Marathon Day Fun Runs, which are being held in conjunction with the marathon on Saturday, May 2nd 2009.

As the date draws closer, members not actually participating will be approached to act as Fun Run marshalls or you may like to register your interest in assisting by contacting me beforehand. The Fun Run is held in the morning and involves about two hours of your time from 8.30am, so you are on hand to watch the marathon runners as they come in at the finish. Marathon Start 9am, 5& 10km Fun runs start at 9.15am

Euan Ross Ph 5765669

euanr@xtra.co.nz



Les Dobson at the finish of his 1500m NZ Masters T&F champs in the weekend

Coming Events (refer Red AWBOP Handbook for program at T & F meets)

3 March

400m (Club Champs), 1500m, 150m, 3000m, Triple Jump (CC)
Discus

5 March

Melbourne Grand Prix Meet, Melbourne

5th March, & 12th, 19th 26th March

Everyone's Run /Walk 5km series from Maxwells Road \$5 entry fee. \$3 entry for children in the 3km event. Start 5.45pm walkers & 3km. 6pm for runners. Register from 5.10pm Prizegiving after at the Trust Bar, Otumoetai

6th/7th/8th March

NZ Masters T&F Champs, Tauranga Domain

7 March

WBOP Childrens Champs, Porritt Stadium- refer red book

8 March

Kingsgate-Rotorua Half marathon & New balance 10km –both off road, Whakarewarewa Forest www.eventpromotions.co.nz

10 March

100m (Club Champs) 800m, 200m, 5000m, High Jump (CC)

11 March

Bay of Plenty-Mid Island Secondary Schools Athletics Champs, Tauranga Domain from 9:00 am (Contact Malcolm if you are able to assist

13 March

International Track meet Christchurch, featuring some of NZ's & the Worlds best www.internationaltrackmeet.co.nz (Go Gareth!!!)

also the NZ M19 3000m Champs

14 March

WBOP T&F Champs (rescheduled from the rained off day 1 originally on 28th Feb) amended program & earlier start time on

www.athletics.org.nz/Waikato/Article.aspx?ID=857

15 March

Sam Johnson Memorial Throws meeting, Porritt Stadium

17 March

Mile (Club Champs) 60m, 100H/110Hurdles, 3000m handicap, Long Jump, Triple Jump

19th-21st March

Australian Open T&F Champs, Brisbane

21 March

WBOP Secondary Schools Champs, Porritt Stadium, Hamilton. Enter through schools.

27th-29th March

National T & F Champs Wellington. Refer www.athletics.org.nz for entry details & timetable. Entries close **15th March** so don't miss out!

28 March

World Cross Country Champs, Jordan, (Good Luck Ben!!!)

28 March

Auckland versus WBOP Champion of Champions, Mt Smart Stadium

4th -5th April

North Island Secondary Schools Champs, Wellington info:

www.nzssaa.org.nz or through schools

11th - 12th April

Grade 12-13 Inter-provincials, Porritt Stadium